

Profi Competence Tests for Young



REPORT MY ACTION

Report: Name

Report type: Short

ID: 0000

Date: 2021-02-02

REPORT TEST

MY ACTIONS

My Actions Test is a multidimensional tool used in personality testing in the context of numerous areas of your life, both privately and at school. This method allows to describe in detail your personality in terms of how it works, based on an individual profile determined by your age, gender and experience. The tool identifies your characteristics in the process of performing an action as well as your attitude towards the world and the future. It examines your potential in the area of everyday life. It gives information about organization, conscientiousness, caution or endurance in pursuing a goal as well as predisposition to lead others. The comprehensive report that you hold in your hand presents your typical ways of behaving, feeling and thinking in different life situations. The test describes your results in six sub-dimensions:



Reading the report you will find answers to a number of questions about your personal and school life style. You will find out about your reactions, behaviours, attitudes, beliefs, strengths and areas for development. The extensive study of your results also includes recommendations from specialists in various fields. The proposed guidelines refer to your emotional, social, intellectual and physical development.

This report offers comprehensive knowledge about yourself, which can translate into your goals and decisions in your private life as well as in the process of setting your educational and professional career path.

HOW TO INTERPRET THE REPORT



When analysing your results, pay attention to the fact that some subdimensions may present your natural traits and other subdimensions may provide information about your learned reactions. It's completely natural. In your everyday functioning, you mostly apply your innate traits, talents and strong sides.

However, sometimes the role that you assume in a team (privately and at school) requires certain behaviours. After some time innate reactions become so obvious that you accept them as your natural reactions.

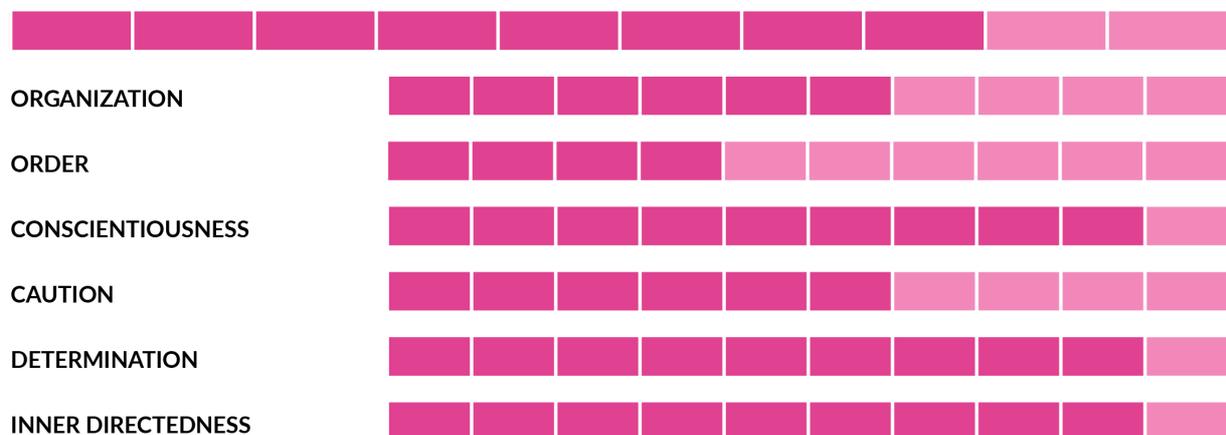
When analysing the results, decide which of the subdimensions show what is innate to you and which ones show a developed way of being. Additionally, decide which traits you would like to keep working on, which ones you would like to start working on and which ones you are fully satisfied with.

Pay attention to the fact that in some of the assessments you may have a generally high result in your overall score, however, particular subdimensions (one or two) may show moderate or low scores.

Example:

The overall assessment score, which is the average of the subdimension results, describes the global image of a person in action, combining the results of all the subdimensions into one general score.

MY ACTIONS



It is possible to receive a high result on the scale of **MY ACTIONS** and simultaneously receive a low result in one of the subdimensions - **ORDER**.

We are then dealing with a person who is highly organized, conscientious and determined in action, furthermore, they are cautious in making decisions and are strongly inner directed, meaning they are strongly decisive regarding themselves, however, their way of ordering private as well as school matters may be at a low level, which means this is a person who doesn't pay full attention to the order surrounding them.

MY ACTIONS

The dimension **My Actions** describes task-oriented or goal-oriented behaviours which are connected with reliability, organisation, orderliness, thoroughness and durability. It refers to the pursuit of achievements, planning and organisational skills and completion of tasks. It reflects the tendency to follow rules, be obedient and loyal and the ability to take control over one's personal life in the decision-making process.

ORGANISATION

It determines the tendency to plan tasks in private life and at school and the ability to organize one's learning, duties or tasks.

ORDERLINESS

Measures the tendency to maintain order in various spheres of life. It also concerns keeping one's surroundings tidy.

CONSCIENTIOUSNESS

It measures the tendency to live according to ethical and social principles. It shows how they influence your private and professional life. It determines the level of obligation, reliability and diligence in action. It shows how much you can rely on someone and how much the person under examination is responsible for his or her actions.

CAUTION

It determines the tendency to analyse exactly what is to be done. It shows the level of prudence and caution or spontaneity and impulsiveness in the decision-making process. It indicates how cautious we are in action.

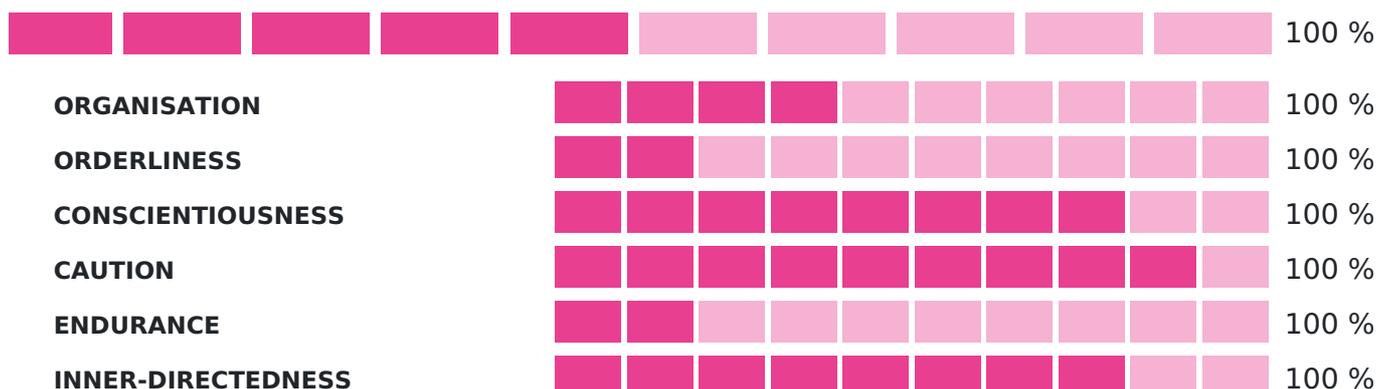
ENDURANCE

It measures the tendency to lengthen the duration of the task, to remain in the process of implementation, despite the presence of nuisances, distractors or deficiencies. It measures the degree of focus when performing different tasks and activities as well as the reactions whenever difficulties occur.

INNER-DIRECTEDNESS

Measures how strongly you rely on yourself, on your own judgements. It informs of the independence in making decisions in different situations. It shows the level of control over one's own life. It determines to what extent a person controls their life independently and to what extent under the influence of other people or situations.

MY ACTIONS





SOCIAL APPROVAL

SOCIAL APPROVAL



The dimension **Social Approval** describes the tendency to present yourself in a better light to achieve greater social acceptance. It is connected with the willingness to behave in a socially desirable and acceptable manner. The need to win social approval is also demonstrated in the test situations by attributing to yourself positive or commendable behaviour, as well as negating the presence of undesirable attitudes or behaviour within yourself. To some extent it overlaps with conformism and increases the tendency to alter or embellish your own way of behaviour.

Very low result

Your result on the **Social Approval** scale is very low in comparison with other people. It means that you are a person who is absolutely not driven by the need for social acceptance or that through your answers you want to present yourself as a person who is completely unaffected by social influences.



MY ACTIONS

MODERATE RESULT

Below you will find overall result for the **MY ACTIONS** dimension
being the average of your subdimensions

Your result on the scale of the **My Actions** dimension is moderate in comparison with other people. It means that in your life you have a varied approach towards decision-making and taking action. You generally don't need advisers. When you want to, you are able to decide which line of action you are taking, which option is the most beneficial for you. However sometimes you are dependent and subordinated to what other people say. In that case you base your decisions on the advice of those surrounding you, putting your fate in their hands. There are moments when you act according to what you believe in and know that you are right. Still sometimes you consult with others and give power over yourself over to them. From time to time you make decisions quite spontaneously, on the spur of the moment, under the influence of an impulse and strong emotions. Other times you need to think, analyse the possible advantages and disadvantages and then choose an option with a cool mind. You usually do not need external support and you are a proactive person able to act and control yourself individually, but it may occur that you won't take any action without support and will stop and wait for a command. Your daily functioning is also varied. It is possible to notice and value your actions for their orderliness, their logical sequence of steps, completing tasks according to plan but other times there is chaos and disorder visible both in your actions and in the place you are located in. Due to this inconsistency your work must be submitted to control.

Occasionally you complete a task carelessly or submit something after a set deadline. You do not always care for the outcome, sometimes a lack of attention to detail is present. There are times when you are a diligent and task-oriented person but other times you choose to relax and have fun over studying. Sometimes you may be described as a persistent, goal-oriented and very durable person and other times you are described as a person with only short-term eagerness.