Profi Competence
Tests for Young

REPORT
MY CO-OPERATION

Report: Name

Report type: Medium

ID: 0000

Date: 2021-02-16

2019 by **PROFI COMPETENCE** | www.proficompetence.com | contact@proficompetence.com

TEST REPORT

MY CO-OPERATION

My Co-operation Test is a multidimensional tool used in personality testing in the context of numerous areas of your private and school life. This method allows for an accurate and detailed description of your personality in terms of how you act and function in co-operation resulting from an individual profile determined by your age, gender and experience. The tool identifies behavioural characteristics in the area of interpersonal relationship building. It examines the internal human predispositions necessary to create effective cooperation with others. It identifies the elements that influence good cooperation between people, such as: amicability, attitude towards yourself or others, trust and suspicion. It has been designed to help build or strengthen cooperation in life. The report you are holding in your hand presents typical ways of behaving, feeling and thinking in different interpersonal situations in your private life and at school. The test describes your results in five dimensions:

Reading the report, you will find answers to a number of questions about your needs and the style of functioning in co-operation with others. You will learn about your reactions, behaviours, attitudes, beliefs, strengths and areas for development. The suggested guidelines refer to your interpersonal, emotional, intellectual and physical development.

This report offers comprehensive knowledge about yourself, which can translate into your goals and decisions in your personal life and in the process of setting your educational and professional career path.

HOW TO INTERPRET THE REPORT

When analysing your results, pay attention to the fact that some subdimensions may present your natural traits and other subdimensions may provide information about your learned reactions. It's completely natural. In your everyday functioning, you mostly apply your innate traits, talents and strong sides.

However, sometimes the role that you assume in a team (privately and at school) requires certain behaviours. After some time innate reactions become so obvious that you accept them as your natural reactions.

When analysing the results, decide which of the subdimensions show what is innate to you and which ones show a developed way of being. Additionally decide which traits you would like to keep working on, which ones you would like to start working on and which ones you are fully satisfied with.

Pay attention to the fact that in some of the assessments you may have a generally high result in your overall score, however, particular subdimensions (one or two) may show moderate or low scores.

Example:

The overall assessment score, which is the average of the subdimension results, describes the global image of a person in action, combining the results of all the subdimensions into one general score.

MY CO-OPERATION

It is possible to receive a high result on the scale of **MY CO-OPERATION**, which consists of: low level **SUSPICION**, high level **SINCERITY**, low level **EGOISM** and high level **HUMILITY** and simultaneously high level **RIVALRY**, though a lower level is expected for co-operation.

We are then dealing with a person who is trustful, sincere, altruistic and modest. Their behaviour lacks egoism or arrogance, however, they are highly competitive. It may be their mechanism of achieving goals. Maybe they had to or have to fight for their rights currently in life, however, they do so in a way that doesn't harm other people.

2019 by **PROFI COMPETENCE** | www.proficompetence.com | contact@proficompetence.com

MY CO-OPERATION

The dimension ***My Co-Operation*** describes the method of establishing and maintaining co-operation in interpersonal relations both at school and in private life. It inspects behaviour in these relations. It demonstrates attitudes towards others. On the emotional level it expresses sensitivity or indifference to people's issues. However, on the behavioural level, it demonstrates a cooperative or competitive attitude. It shows how a relation is built with other people as well as self-perception in the eyes of others.

SUSPICION

It determines the level of trust in people in interpersonal relations. It describes the approach and the attitude towards others in co-operation, including the level of cynicism and scepticism. It presents the intentions to build stable co-operation and relations in private and professional life.

SINCERITY

It determines the tendency to be truthful and sincere. It describes the level of honesty in co-operation with other people. It describes the skill lto manipulate others and use social engineering.

EGOISM

It determines the level of self-centredness in interpersonal relations as well as in the process of communication. It shows the degree of involvement in helping others. It indicates an egoistic attitude.

RIVALRY

It determines how to respond to interpersonal conflicts. It indicates the level of focus on co-operation or rivalry. It measures the level of the tendency to demonstrate anger, aggressive behaviour or attitudes that build warm relations and consent.

HUMILITY

It determines the level of humility in contacts with others. It shows the importance of humility, avoiding publicity. It indicates the level of the feeling of superiority or even arrogance in interpersonal relations in private life and school environment. It shows how a relationship with others is built and how a person perceives himself/ herself in the presence of other people.

MY CO-OPERATION

2019 by **PROFI COMPETENCE** | www.proficompetence.com | contact@proficompetence.com

DIMENSION

SOCIAL APPROVAL

SOCIAL APPROVAL

The dimension ***Social Approval*** desribes the tendency to present yourself in a better light to achieve greater social acceptance. It is connected with the willingness to behave in a socially desirable and acceptable manner. The need to win social approval is also demonstrated in the test situations by attributing to yourself positive or commendable behaviour, as well as negating the presence of undesirable attitudes or behaviour within yourself. To some extent it overlaps with conformism and increases the tendency to alter or embellish your own way of behaviour.

High result

Your result on the ***Social Approval*** scale is high in comparison with other people. It means that you are a person with a tendency to ascribe yourself extraordinary strengths and deny common flaws.

DIMENSION

MY CO-OPERATION

SUBDIMENSIONS:

- **SUSPICION**
- **SINCERITY**
- **EGOISM**
- **RIVALRY**
- **HUMILITY**

2019 by **PROFI COMPETENCE** | www.proficompetence.com | contact@proficompetence.com

MY CO-OPERATION

GENERAL DESCRIPTION

VERY HIGH RESULT

Below you will find overall result for the MY CO-OPERATION dimension being the average of your subdimensions

Your result on the scale of the ***My Co-Operation*** dimension is very high in comparison with other people. It means that you belong to a group of people with an amicable approach towards co-operation with their peers and build warm relations based on trust. Thanks to this it is easier for you to build new friendships, as well as maintaining current ones. Through your high level of amicability, you have more compassion towards other people. You are characterised by your high level of altruism. You frequently have compassion for others and eagerly come to their aid, often forgetting about your own needs. Your sincerity, lack of suspicion and high degree of humility cause people to like you very much and gladly spend time with you. You have a tendency to accept or reject certain thoughts, depending on the opinion of other people. This may cause you to be less willing to attempt to safeguard your own interests. You are able to own up to your own weaknesses without belittling yourself or exaggerating. This attitude characterises people who are free of arrogance, vanity, self-righteousness and false humility. You belong to a group of people who are humble towards their own achievements and accomplishments. You believe that humility is a very important quality in life, while self-importance and arrogance lead to bad co-operation with others. In contact with others you are characterised by a high degree of self-restraint which sometimes doesn't allow for spontaneity or behaviour that is not suitable for a modest person. You definitely do not like competing with others. You prefer warm relations, built on mutually establishing co-operation. You rarely portray anger or aggression. You avoid conflict, leaving matters to others. Your co-operation based on extreme submission may lead to conformism and complete dependence on others.

Now take a close look at the detailed results to find out which of the subdimensions have the greatest impact on your overall result.

DETAILED DESCRIPTION

SUSPICION

Your result on the scale of the ***Suspicion*** subdimension means that you belong to a group of people who are convinced that others are honest and have good intentions. In co-operation you build relationships based on very high trust. You believe in selfless help. You belong to a group of people who are sensitive and who express positive thinking. Sceptical and cynical behaviour is alien to you. In co-operation you see positive aspects and build relationships

based on them. When working in a team, you believe in people and their sincere intentions - this allows you to create positive solutions. In difficult situations you see the positives and build solutions based on them. In co-operation, you are a consensual person who does not seek conflicts and is oriented towards positive cooperation.

SINCERITY

Your result on the scale of the ***Sincerity*** subdimension means that you belong to a group of people who are very truthful and sincere in their actions. You don't use tools of manipulation, based on using flattery and cunning to achieve a result. Your relationships are based on sincere communication. You do not accept lying. Even if you are about to lose something, you are always honest and sincere in your actions. You are not a clever person who is able to alter the truth. You are a very open-minded person who always says what you think and not that which is the most appropriate. You do not think that knowing and applying social engineering are important social skills.

EGOISM

Your result on the scale of the ***Egoism*** subdimension means that you belong to a group of people who are very actively interested in the affairs of others. You are a person who is committed to doing good to others, which manifests itself in being generous, taking others into account and being ready to help people in need. You are a thoughtful and caring person in your actions. Working with others is very important to you. You care for relationships by working together for the benefit of all. Your attitude is to voluntarily bear the costs for the benefit of others. You are not a selfish person. In teamwork you pay attention to the team and working together. You care about the good of others. You like to involve yourself in charity and social work.

RIVALRY

Your result on the scale of the ***Rivalry*** subdimension means that you belong to a group of people who can compete or co-operate when need be. You are not a person who has to win at any price, but you are also not a person who withdraws and gives the field to others. You can build a healthy interpersonal relationship where you look after your own interests without taking advantage of other people. You're not one of those people who can be thrown off balance. Competition motivates you, but it's not the only motivational factor. You can fight for yourself. You do not belong to a group of people who are too submissive nor too stubborn. You solve conflict situations constructively.

HUMILITY

Your result on the scale of the ***Humility*** subdimension means that you belong to a group of people who can be self-confident in co-operation, while maintaining modesty and humility. In interpersonal communication you are rather a polite and calm person. You build your relationships on positive statements. When necessary, you can be a persistent and stubborn person. You think that humility and modesty are important qualities, and wisdom and arrogance lead to failure. When the situation demands it, you can talk about your successes and achievements, but you do not expect admiration. However, you are not one of those people who has to be in the spotlight at all costs. You can accept constructive criticism with humility. You take care of your relationships and pay attention to other people. This allows you

to build relationships based on trust.

MY CO-OPERATION

DEVELOPMENTAL RECOMMENDATIONS

SUSPICION

- Not all people are like you. There are people who use others in co-operation in order to reap benefits. Be careful. Strengthen your defensive mechanisms. Don't be too permissive. Apart from positive solutions consider the negative ones as well. This will save you from disappointment. Trust people but look after your own interests.

SINCERITY

- Not all people are as sincere and straightforward as yourself. A lot of people use manipulative techniques, due to which you may feel cheated or exploited. The knowledge of these techniques will let you develop defense mechanisms which will protect you from difficult situations. Use more of your wits but remain a sincere and honest person. Remember, sometimes it's better to leave something unsaid.

EGOISM

- Help, sincerity and caring for others is very important but don't forget about yourself. Sometimes you have to fight for yourself. You can have an egoistic person on the other side who will strive to take advantage of you. Collaborate and co-operate in such a way so that you also take care of your own interests.

RIVALRY

- Sometimes you have to fight for your interests. In some situations, you have to compete and be persistent. But always remember the human factor. Your moderate result shows that you can adapt to the situation and when necessary, you compete and when it isn't - you cooperate. Keep it up!

HUMILITY

- Being self-confident doesn't mean being arrogant and tactless. Humility and modesty are also positive qualities that allow you to build warm relationships in some situations. So be self-confident, arouse admiration, but remember about other people and their emotions.

2019 by **PROFI COMPETENCE** | www.proficompetence.com | contact@proficompetence.com