# Profi Competence
## Tests for Adults

ACTION

# REPORT
## MY ACTION

**Report: Name**

**Report type: Short**

**ID: 0000**

**Date: 2021-02-16**



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# REPORT TEST

## MY ACTIONS

**My Actions** Test is a multidimensional tool used in personality testing in the context of numerous areas of your life, both private and professional This method allows for an accurate and detailed description of your personality in terms of how it works, resulting from an individual profile determined by your age, gender and experience. The tool identifies your characteristics in the process of performing an action and your attitude towards the world and the future. It examines your potential in the area of everyday life. It gives information about organization, conscientiousness, caution or endurance in pursuing a goal as well as predisposition to lead others. The comprehensive report that you hold in your hand presents your typical ways of behaving, feeling and thinking in different life situations. The test describes your results in six sub-dimensions:

Reading the report, you will find answers to a number of questions about your style of functioning in private and professional life. You will learn about your reactions, behaviours, attitudes, beliefs, strengths and areas for development. The suggested guidelines refer, among others, to your emotional, social, intellectual and physical development.

**This report offers comprehensive knowledge about yourself, which can translate into your goals and decisions in your private and professional life.**


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# HOW TO INTERPRET THE REPORT

When analysing your results, pay attention to the fact that some subdimensions may present your natural traits and other subdimensions may provide information about your learned reactions. It's completely natural. In your everyday functioning, you mostly apply your innate traits, talents and strong sides.

However, sometimes the position that you take or the role that you assume in a team (privately and professionally) requires from you certain behaviours. After some time innate reactions become so obvious that you accept them as your natural reactions.

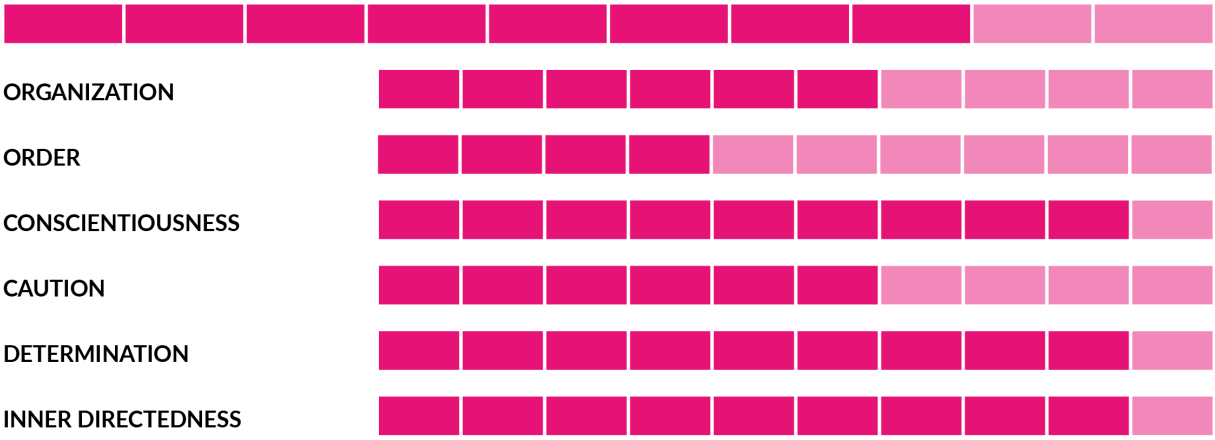
When analysing the results, decide which of the subdimensions show what is innate to you and which ones show a developed way of being. Additionally, decide which traits you would like to keep working on, which ones you would like to start working on and which ones you are fully satisfied with.

Pay attention to the fact that in some of the assessments you may have a generally high result in your overall score, however, particular subdimensions (one or two) may show moderate or low scores.

Example:

**The overall assessment score, which is the average of the subdimension results, describes the global image of a person in action, combining the results of all the subdimensions into one general score.**

## MY ACTIONS




It is possible to receive a high result on the scale of **MY ACTIONS** and simultaneously receive a low result in one of the subdimensions - **ORDER**.

We are then dealing with a person who is highly organised, conscientious and determined in action, furthermore, they are cautious in making decisions and are strongly inner directed, meaning they are strongly decisive regarding themselves, however, their way of ordering private matters as well as professional ones may be at a low level, which means this is a person who doesn't pay full attention to the order surrounding them.



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## MY ACTIONS - A

The dimension ***My Actions*** describes task-oriented or goal-oriented behaviours which are connected with reliability, organisation, orderliness, thoroughness and durability. It refers to the pursuit of achievements, planning and organisational skills and completion of tasks. It reflects the tendency to follow rules, be obedient and loyal and the ability to take control over one's personal life in the decision-making process.

### ORGANISATION

It describes trends in planning tasks in private and professional life. It describes the ability to organise tasks and implement plans into life.

### ORDER

Measures the tendency to maintain order in various spheres of life. It also concerns keeping one's surroundings tidy.

### CONSCIENTIOUSNESS

It measures the tendency to live according to ethical and social principles. It shows how they influence your private and professional life. It determines the level of obligation, reliability and diligence in action. It shows how much you can rely on someone and how much the person under examination is responsible for his or her actions.

### CAUTION

It determines the tendency to analyse exactly what is to be done. It shows the level of prudence and caution or spontaneity and impulsiveness in the decision-making process. It indicates how cautious we are in action.

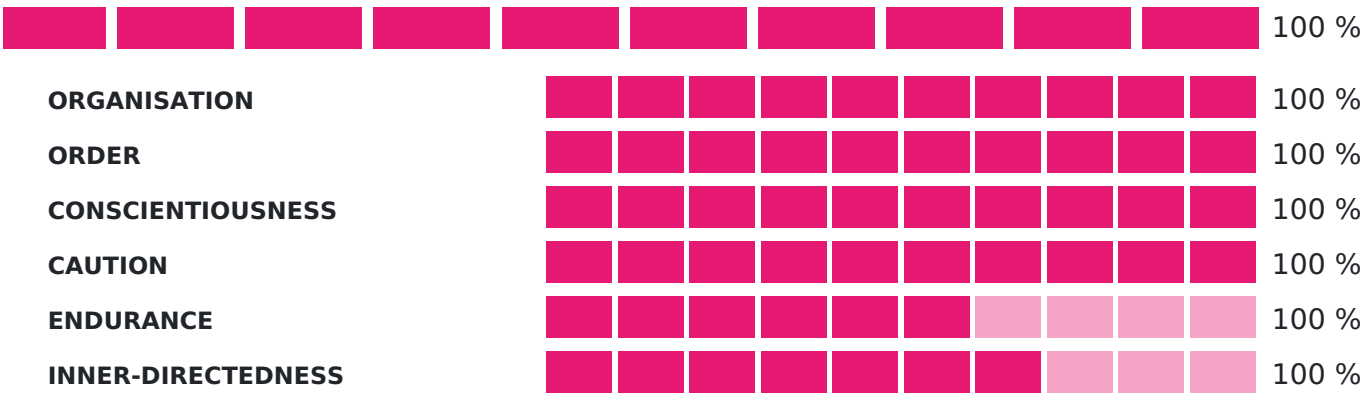
### ENDURANCE

It measures the tendency to lengthen the duration of the task, to remain in the process of implementation, despite the presence of nuisances, distractors or deficiencies. It measures the degree of focus when performing different tasks and activities as well as the reactions whenever difficulties occur.

### INNER-DIRECTEDNESS

Measures how strongly you rely on yourself, on your own judgements. It informs of the independence in making decisions in different situations, both private and professional. It shows the level of control in life. It determines to what extent a person controls their life independently and to what extent under the influence of other people or situations.

## MY ACTIONS - A





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## SOCIAL APPROVAL - A

### SOCIAL APPROVAL - A

100 %

The dimension ***Social Approval*** desribes the tendency to present yourself in a better light to achieve greater social acceptance. It is connected with the willingness to behave in a socially desirable and acceptable manner. The need to win social approval is also demonstrated in the test situations by attributing to yourself positive or commendable behaviour, as well as negating the presence of undesirable attitudes or behaviour within yourself. To some extent it overlaps with conformism and increases the tendency to alter or embellish your own way of behaviour.

**High result**

Your result on the ***Social Approval*** scale is high in comparison with other people. It means that you tend to ascribe yourself extraordinary strengths and deny common flaws.

## MY ACTIONS - A

### VERY HIGH RESULT

**Below you will find overall result for the MY ACTIONS dimension being the average of your subdimensions**

Your result on the scale of the ***My Actions*** dimension is very high in comparison with other people. It means that in your life you are a very proactive person. You make decisions on the basis of your own thoughts and analyses. Your approach to action is planned and highly organised. Your actions are very logical and follow a self-defined direction. You are a person who is confident in action. You take full responsibility regardless of the fact if your decision was right or wrong. You don't like to be directed by anyone. You don't accept somebody else's orders. You feel most comfortable when you are the one to decide and you are in full control of the situation. You are always fully prepared to act. You control the deadlines, you set the phases of work and draw up timetables. Nothing is able to surprise you as you have carried out full risk analysis. You are enemy to random and chaotic activities. You hate forgetfulness, messiness and unpunctuality. You always approach your tasks with due care. You are a systematic and diligent person. You can be relied on and the result of your work doesn't need to be subject to scrutiny. You always deliver on time. You are a result- oriented person and you play by the rules in your actions. You despise fraud and you value reliability. What distinguishes you is attention to order, you tend to be a perfectionist. Both your workplace and your everyday life environment are neat and clean. You keep everything organised around yourself which additionaly strengthens your efficiency. In your activities you are an exceptionally resilient person, focused on work regardless of its scale of difficulty and time requirements.


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