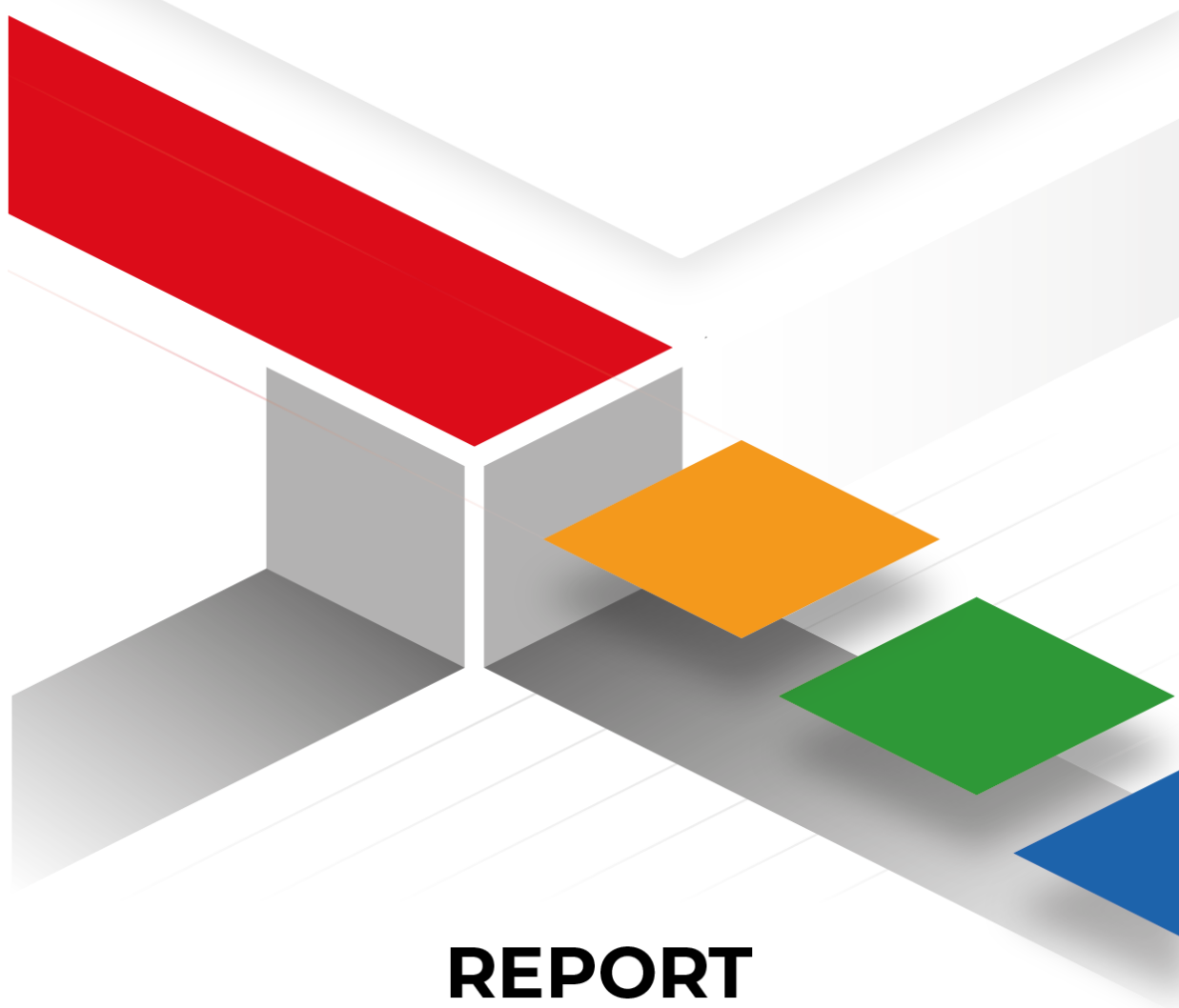


Profi Competence Tests for Adults



REPORT

Report: Name

Report type: Medium

ID: 0000

Date: 2020-12-11




ASSESSMENT REPORT

PROFI COMPETENCE FOR ADULTS

Profi Competence Test for Adults is a multidimensional tool used in personality testing in the context of numerous areas of your life, both private and professional. It allows for an accurate and detailed description of your personality, resulting from an individual profile determined by your age, gender and life experience. The comprehensive report that you hold in your hand presents the typical ways of behaving, feeling and thinking in different life situations. The report shows your functioning in six dimensions:

MY RELATIONSHIPS
MY CO-OPERATION
MY ACTIONS
MY WORK
MY SELF-ASSESSMENT
MY EMOTIONS

Each of the dimensions identifies additional subcategories so that the report includes an in-depth analysis of your personality, covering each of the thirty-two areas individually as well as the connections between them. Reading the report you will find answers to a number of questions about your functioning in such areas as:

 MY RELATIONSHIPS Kindness Willingness to socialize Interpersonal contacts Assertiveness Thrill seeking	 MY CO-OPERATION Suspicion Sincerity Egoism Rivalry Humility	 MY WORK Effectiveness Leadership Self-control Goal pursuit Fame
 MY EMOTIONS Anxiety Sense of inferiority Helplessness Depressiveness Hostile behaviour	 MY SELF-ESTEEM Authenticity General self-perception Identity Sense of intimacy Attractiveness	 MY ACTIONS Organization Order Conscientiousness Caution Determination Inner-direction

In such a broad sense you will read about your reactions, behaviours, attitudes, beliefs, strengths and areas for development. The extensive analysis of your results also includes recommendations from specialists in various fields. The suggested guidelines refer, among others, to your emotional, social, intellectual and physical development.

This report offers comprehensive knowledge about yourself, which can translate into your goals and decisions in your private and professional life.

HOW TO INTERPRET THE REPORT



When analysing your results pay attention to the fact that some subdimensions may present your natural traits and other subdimensions may provide information about your learned reactions. It's completely natural. In your everyday functioning you mostly apply your innate traits, talents and strong sides.

However sometimes the position that you take or the role that you assume in a team (privately and professionally) requires certain behaviours of you. After some time innate reactions become so obvious, that you accept them as your natural reactions.

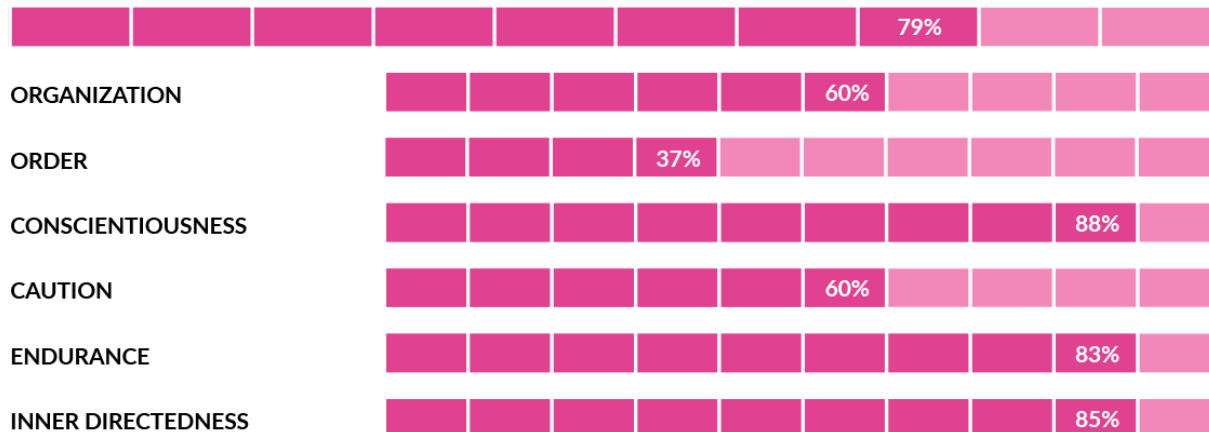
When analysing the results, decide which of the subdimensions show that what is innate to you and which ones show a developed way of being. Additionally decide which traits you would like to keep working on, which ones you would like to start working on and which ones you are fully satisfied with.

Pay attention to the fact that in some of the assessments you may have a generally high result in your overall score, however particular subdimensions (one or two) may show moderate or low scores.

Example:

The overall assessment score, which is the average of the subdimension results, describes the global image of a person in action, combining the results of all the subdimensions into one general score.

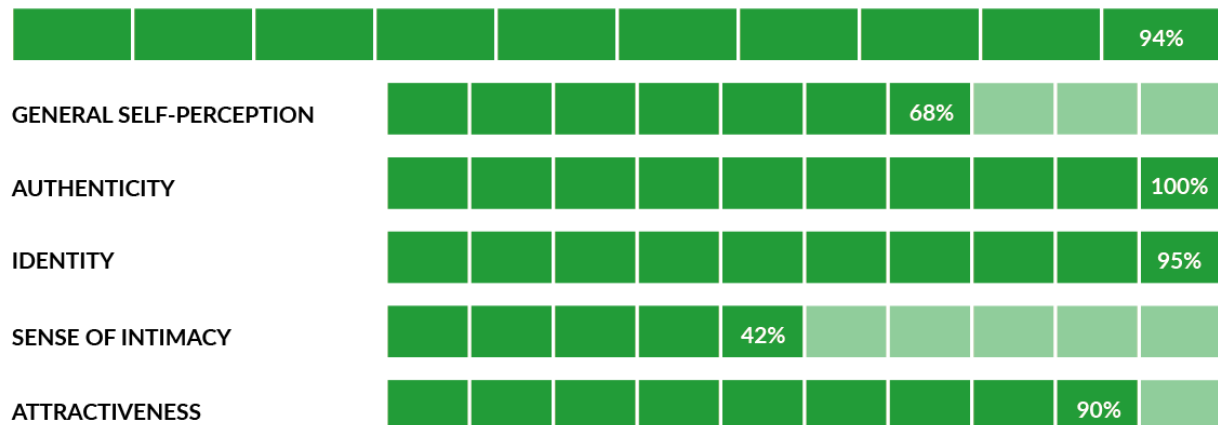
MY ACTIONS



It is possible to receive a high result on the scale of **MY ACTIONS** and simultaneously receive a low result on one of the subdimensions - **ORDER**.

We are then dealing with a person, who is highly organised, conscientious and enduring in action, furthermore they are cautious in making decisions and are strongly inner directed, meaning they are strongly decisive regarding themselves, however their way of ordering private matters as well as professional ones may be at a low level, so that this is a person, who doesn't pay full attention to the order surrounding them.

MY SELF-ESTEEM



It is possible to receive a high result on the scale of **MY SELF-ESTEEM** despite receiving a low result on the **SENSE OF INTIMACY** subdimension.

We are then dealing with a person whose general self-perception is positive, who lives in accordance with their own values and appreciates their own physical attractiveness, however their SENSE OF INTIMACY is at a low level, as they may not have felt love and acceptance in life, coming from their close friends and family, hence it is now difficult for them to benefit from the support of other people or to display emotional intimacy towards others.

MY WORK



It is possible to receive a high result on the scale of **MY WORK**, and simultaneously receive a low result on the **FAME** subdimension.

We are then dealing with a person who has leadership skills, is effective, manages in difficult situations, strives towards reaching set goals, however they do not need fame and praise in doing so and do not aim to be popular.

YOUR RESULTS

SOCIAL APPROVAL - A



MY RELATIONSHIPS - A



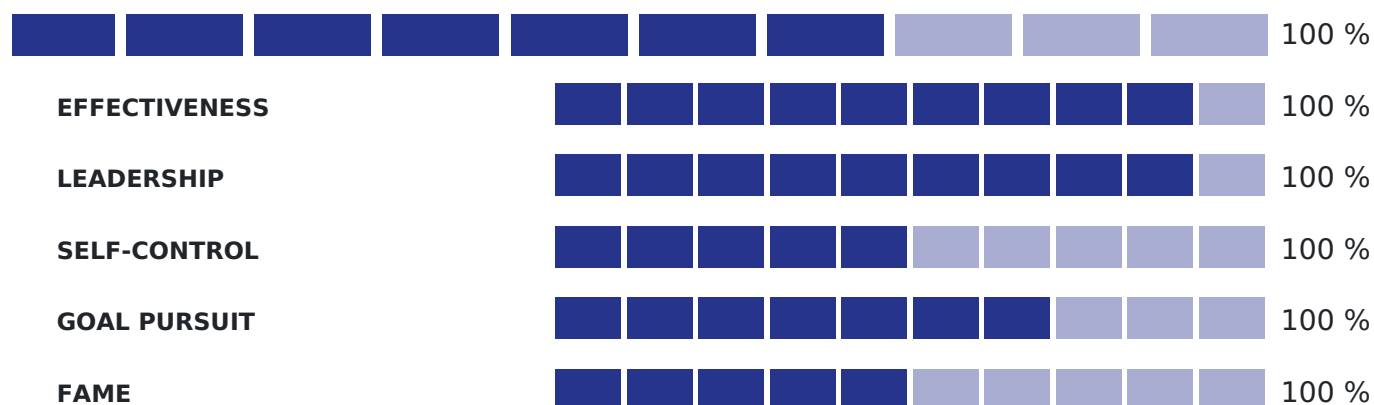
MY CO-OPERATION - A



MY ACTIONS - A



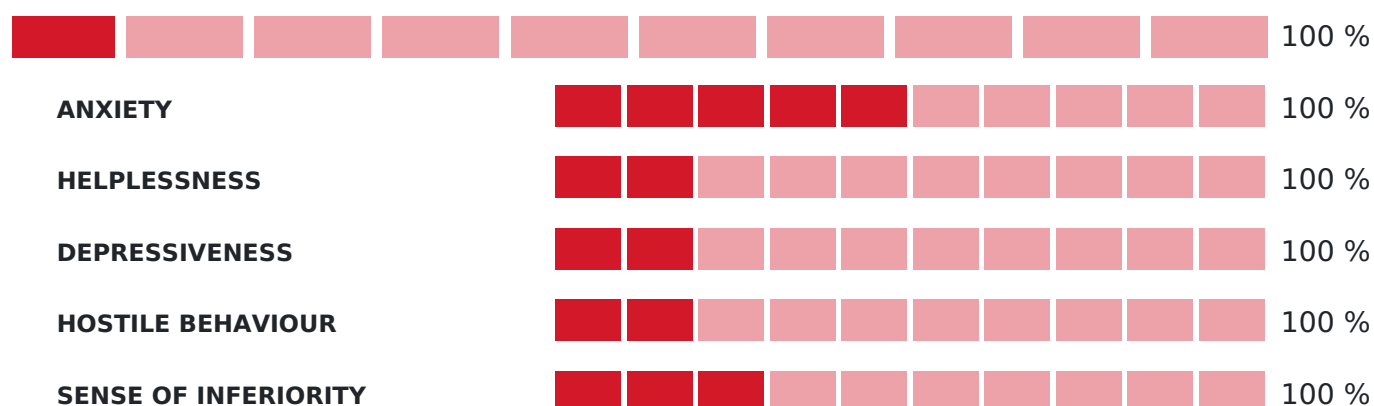
MY WORK - A



MY SELF-ESTEEM - A



MY EMOTIONS - A





MY RELATIONSHIPS - A

The dimension **My Relationships** is characterised by the quality and quantity of social interactions and the level of activity, energy and ability to feel positive emotions in relationships with other people. It determines the desire for social attention i.e. gaining satisfaction from being in the centre of attention and focal point of other people, but also shows the level of willingness to build interpersonal relationships and to maintain them both in private and professional life. It demonstrates the ambitions, the level of an inclination to dominate, as well as the tendency to react with positive or negative emotions in social contacts.



KINDNESS

Determines interpersonal traits, level of cordiality and warmth in relation to other people. It describes the level of the approach and attachment towards people in private and professional relationships.



WILLINGNESS TO SOCIALISE

Determines the level of choosing the company of other people over loneliness. It measures the level of external stimulation, motivation to take action and engagement in interpersonal relationships.



INTERPERSONAL CONTACTS

Determines the level of building interpersonal relationships, their meaning and significance in private and professional life. It reveals the level of involvement in interpersonal relationships and their meaning in building one's position in contact with other people.



ASSERTIVENESS

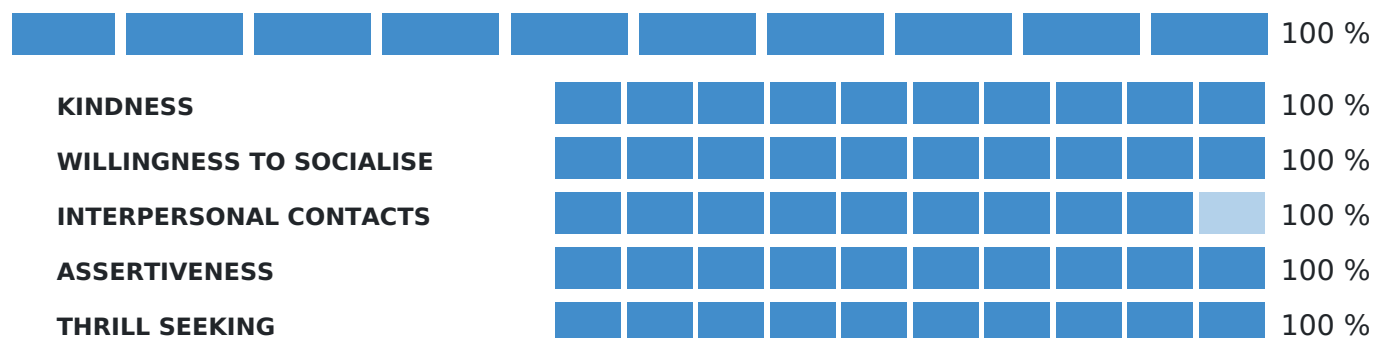
Measures the skill level of expressing one's own opinion, displaying emotions and attitudes, without aggression and instead with respect for others and one's own rights and mental territory. It shows the tendency for domination and leadership and the degree of decision-making abilities.



THRILL SEEKING

Shows the ways of searching for sensations which are the source of external stimulation. It examines the ability and level of making risky decisions, which may have impact on setting and achieving both private and professional goals.

MY RELATIONSHIPS - A





MY CO-OPERATION - A

The dimension **My Co-Operation** describes the method of establishing and maintaining co-operation in interpersonal relations both in private and professional life. It inspects behaviour in these relations. It demonstrates attitudes towards others. On the emotional level it expresses sensitivity or indifference to people's issues. However, on the behavioural level, it demonstrates a cooperative or competitive attitude. It shows how a relation is built with other people as well as self-perception in the eyes of others.



SUSPICION

It determines the level of trust in people in interpersonal relations. It describes the approach and the attitude towards others in co-operation, including the level of cynicism and scepticism. It presents the intentions to build stable co-operation and relations in private and professional life.



SINCERITY

It determines the tendency to be truthful and sincere. It describes the level of honesty in co-operation with other people. It describes the skill to manipulate others and use social engineering.



EGOISM

It determines the level of self-centredness in interpersonal relations as well as in the process of communication. It shows the degree of involvement in helping others. It indicates an egoistic attitude.



RIVALRY

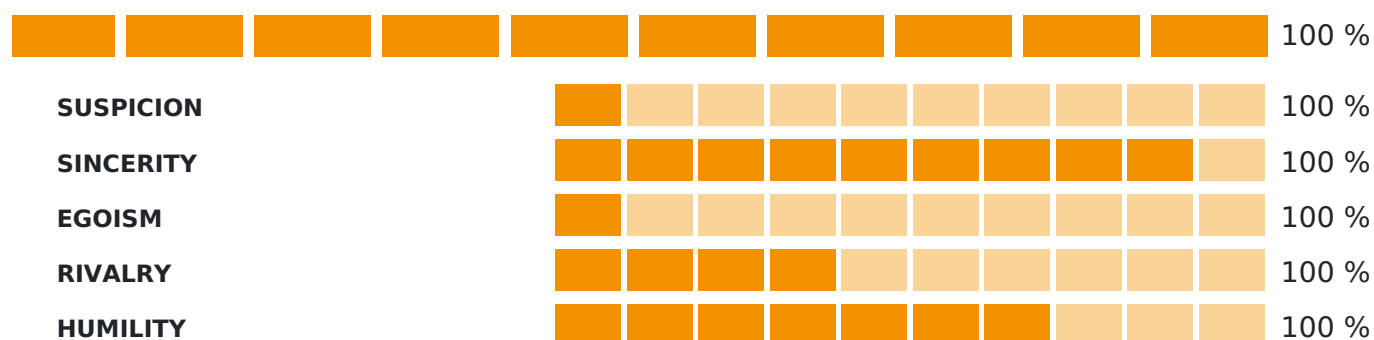
It determines how to respond to interpersonal conflicts. It indicates the level of focus on co-operation or rivalry. It measures the level of the tendency to demonstrate anger, aggressive behaviour or attitudes that build warm relations and consent.



HUMILITY

It determines the level of humility in contacts with others. It shows the importance of modesty, avoiding publicity. It indicates the level of the sense of superiority or even arrogance in interpersonal relationships in private and professional life. It shows how a relationship with others is built and what is your self-perception in the face of other people.

MY CO-OPERATION - A





MY ACTIONS - A

The dimension **My Actions** describes task-oriented or goal-oriented behaviours which are connected with reliability, organisation, orderliness, thoroughness and durability. It refers to the pursuit of achievements, planning and organisational skills and completion of tasks. It reflects the tendency to follow rules, be obedient and loyal and the ability to take control over one's personal life in the decision-making process.



ORGANISATION

It describes trends in planning tasks in private and professional life. It describes the ability to organise tasks and implement plans into life.



ORDER

Measures the tendency to maintain order in various spheres of life. It also concerns keeping one's surroundings tidy.



CONSCIENTIOUSNESS

It measures the tendency to live according to ethical and social principles. It shows how they influence your private and professional life. It determines the level of obligation, reliability and diligence in action. It shows how much you can rely on someone and how much the person under examination is responsible for his or her actions.



CAUTION

It determines the tendency to analyse exactly what is to be done. It shows the level of prudence and caution or spontaneity and impulsiveness in the decision-making process. It indicates how cautious we are in action.



ENDURANCE

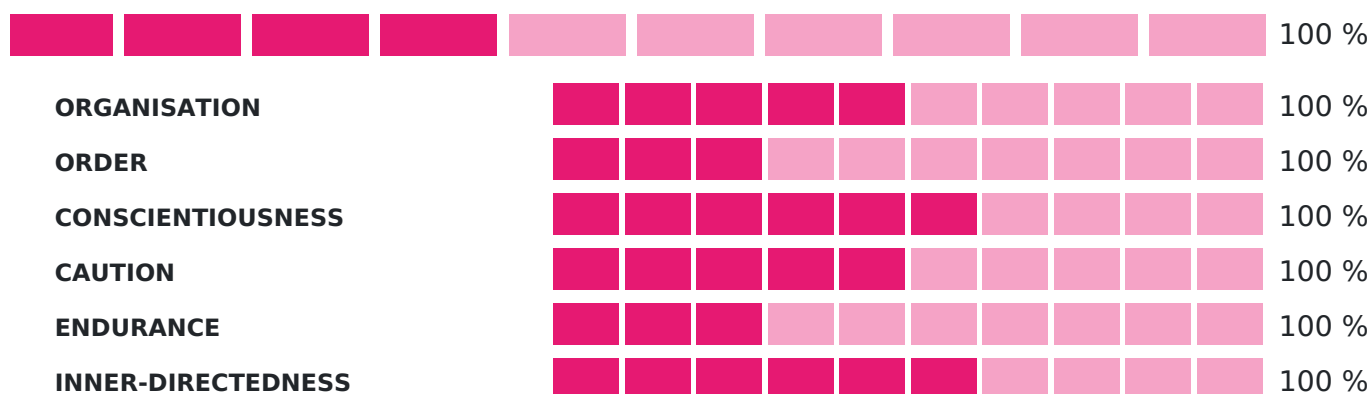
It measures the tendency to lengthen the duration of the task, to remain in the process of implementation, despite the presence of nuisances, distractors or deficiencies. It measures the degree of focus when performing different tasks and activities as well as the reactions whenever difficulties occur.



INNER-DIRECTEDNESS

Measures how strongly you rely on yourself, on your own judgements. It informs of the independence in making decisions in different situations, both private and professional. It shows the level of control in life. It determines to what extent a person controls their life independently and to what extent under the influence of other people or situations.

MY ACTIONS - A





MY WORK - A

The dimension **My Work** describes a person at work, which roles are assumed, how difficult scenarios are handled. It describes the self-assessment of expertise, abilities and effectiveness in taking action. It demonstrates leadership, authority and management skills considering the establishment of authority at work and the ability to control one's own emotions. It measures the inner desire to achieve set goals and the importance of a professional career to a person.



EFFECTIVENESS

Determines the self-assessment of skills, competences and efficiency in taking action in professional life. It informs to what extent one has faith in their abilities and to what extent they are effective at work as well as how one copes in difficult situations.



LEADERSHIP

Determines leadership abilities and the skill to direct people at work. It shows the way of building up authority and evoking respect among people in professional relations. It measures the level of assertiveness in interpersonal contacts. It determines whether one sets the direction or rather prefers to follow others.



SELF-CONTROL

Determines the level of control of one's own emotions, concentration and stable action. It shows the ability to manage difficult situations. It determines the focal point of one's own resources. It describes the practice of self-control at work. It answers the question, whether the person submits to momentary whims or whether they focus more on the task and aims.



GOAL PURSUIT

It measures the inner desire to reach goals. It reveals aspirations or lack of ambition, perseverance at work or laziness, diligence or carelessness, decisiveness and a sense of the meaning of life. It determines the way in which goals and priorities are set at work. It presents the level of ability to juggle professional and private life and to what extent one desires to climb the career ladder.



FAME

Expresses the level at which social recognition and acceptance within the surroundings are expected. It's one's own self-image, it displays the aspiration for popularity, gaining fame, being admired and liked by other people. Additionally, it shows awareness of being accepted by the surroundings and the role in a team at work.

MY WORK - A





MY SELF-ESTEEM - A

The dimension **My Self-Assessment** describes the way of thinking about yourself. It displays information about the assessment of one's own morality, internal consistency with core values. It shows the perception of one's own attractiveness as well as the feeling of being accepted among close friends and family. It describes the ability to show feelings towards close friends and family. It measures the level of self-confidence and regarding yourself as an important person.



AUTHENTICITY

Measures the assessment of one's own morality. It shows the tendency towards extreme judgement of one's own behaviour - either as decent or as inappropriate. It defines the level of following moral principles in life and perceiving the surrounding morality.



GENERAL SELF-PERCEPTION

Determines the level of perceiving oneself as either an important and confident or self-deprecating person. It shows the tendency towards positive or negative thinking about one's future. It points out the ability to focus on either the successes or failures in life.



IDENTITY

Measures the level of awareness of personal identity and goals in life. It shows the tendencies towards being internally coherent or contradictory. It points out the ability to either make decisions that influence the future or remain indecisive.



SENSE OF INTIMACY

Measures the feeling of acceptance, love and sense of social support. It determines the level of either feeling unconditionally accepted by close friends and family or lack of love and acceptance. It points out the ability to express feelings in close relationships.



ATTRACTIVENESS

Determines the way of perceiving one's own physicality, the level of awareness of one's attractiveness compared to others. It measures the level of satisfaction with one's own appearance.

MY SELF-ESTEEM - A





MY EMOTIONS - A

The dimension **My Emotions** describes the intensity of the occurrence and strength of different emotions which influence everyday functioning. It shows the level of anxiety when approaching difficult challenges, the stage of falling into a depressive state. It measures the tendency to self-criticise. It also reveals the internal experience of anger, aggression or will to give up in difficult situations. It is the knowledge of internal states which influence actions and reactions in everyday situations.



ANXIETY

It determines the level of internal fear and tension and the strength of the tendency to worry. It shows the tendency to be overly concerned about current and future situations.



HELPLESSNESS

It determines the vulnerability to stress and failure to cope in difficult situations. It shows the tendency to surrender in the case of danger. It measures the strength of succumbing to paralysing emotions in difficult moments. It determines the degree of the demand for external support in such situations.



DEPRESSIVENESS

It determines the tendency to fall into a sad mood. It shows the tendency to feel depressed, lonely or guilty, regardless of the day, situation or the surrounding people.



HOSTILE BEHAVIOUR

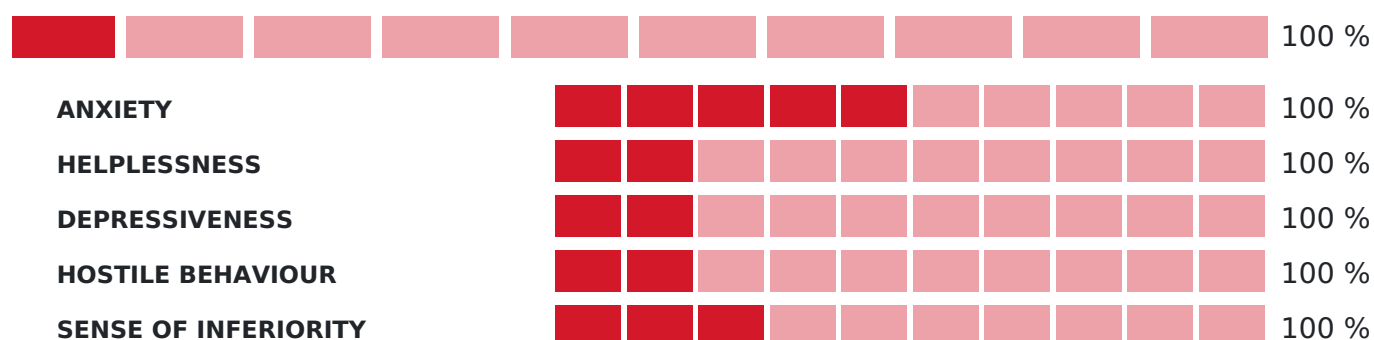
It determines the tendencies towards internally experiencing anger, frustration and hostility. It measures the intensity of falling into a state of aversion to others or aggression. It determines the impulsivity and the ease of falling into unjustified internal rage.



SENSE OF INFERIORITY

It measures the tendency towards excessive self-criticism. It shows the tendency to suppress casual self-expression in social situations, in fear of judgement, or the tendency to express oneself fully.

MY EMOTIONS - A



DIMENSION

SOCIAL APPROVAL - A



SOCIAL APPROVAL - A



The dimension ***Social Approval*** describes the tendency to present yourself in a better light to achieve greater social acceptance. It is connected with the willingness to behave in a socially desirable and acceptable manner. The need to win social approval is also demonstrated in the test situations by attributing to yourself positive or commendable behaviour, as well as negating the presence of undesirable attitudes or behaviour within yourself. To some extent it overlaps with conformism and increases the tendency to alter or embellish your own way of behaviour.

MODERATE RESULT

Your result on the ***Social Approval*** scale is on a moderate level in comparison with other people. It means that you are a person who demonstrates a completely genuine and natural need for social acceptance. Your result shows that the level of this parameter that you possess is high enough to understand and follow social norms, yet at the same time low enough to acquire adequate knowledge concerning yourself and other people. You don't need to alter your true self-image to attract better social acceptance.

DIMENSION

MY RELATIONSHIPS - A



SUBDIMENSIONS:



KINDNESS



WILLINGNESS TO SOCIALISE



INTERPERSONAL CONTACTS



ASSERTIVENESS



THRILL SEEKING

**MY RELATIONSHIPS - A**

GENERAL DESCRIPTION

VERY HIGH RESULT

**Below you will find overall result for the *MY RELATIONSHIPS* dimension
being the average of your subdimensions**

Your result on the scale of the ***My Relationships*** dimension is very high in comparison with other people. It means that in interpersonal relationships you are a people person and you are keen on building relationships through socialising with others. You make contacts with great ease. You like people, you prefer to remain in large groups, at crowded meetings and events. Interpersonal relationships are very important to you. You draw external stimulation from them and it motivates you to take action. You belong to those people who are strongly involved in the external world and in activities which require interpersonal relationships. You are heavily influenced by the social world and you strive to have strong influence on it, too. You live an optimistic life and you are full of vigour. You have a cheerful disposition. In company you tend to speak rather than listen. You are an open and friendly person. You can confidently express strong opinions, emotions and attitudes without aggression, while respecting your own and other people's rights and mental territory. Unlike the people characterised by low score, which can be attributed to their greater sensitivity to punishment and lack of reward, your sensitivity focuses on the presence of reward and lack of punishment. You are better at fulfilling duties requiring multitasking rather than alertness or involving careful analysis of details. You prefer to complete the task quickly rather than precisely. Your result shows that you are predisposed to professions which require frequent social contacts and to professions with a high degree of autonomy. Additionally, you have a strong sense of the efficiency of your work in a group.

**Now take a close look at the detailed results to find out which of the subdimensions
have the greatest impact on your overall result.**

DETAILED DESCRIPTION

**KINDNESS**

Your result on the scale of the ***Kindness*** subdimension means that in interpersonal relations you are a genuinely cordial person, very kind and warm to others. You are strongly involved in the sphere of social functioning. As a leader you will build a friendly, cordial atmosphere based on cooperation. You may have a tendency to get attached to your co-workers, and this may influence making difficult decisions. Your overwhelming kindness may promote a higher level of amicability in relations with other people.



WILLINGNESS TO SOCIALISE

Your result on the scale of the **Willingness to Socialize** subdimension means that you fall into the category of very sociable people who enjoy socializing. You have a passion for parties and being in a crowd. You can put your friendships and meetings ahead of other areas of life. You are a very energetic and socially confident person. In the company you rather speak loud and very clearly. Being with people is an external stimulation that drives you to action. At work you have good networking skills. In interaction you rather talk than listen. You prefer group work to individual work.



INTERPERSONAL CONTACTS

Your result on the scale of the **Interpersonal Contacts** subdimension means that you are one of those people who initiate and build interpersonal relationships with others. In these relationships you are very active and full of energy. When building contacts at work, you are proactive and you take care of the quality of these relations. You initiate many interactions. When you are with people, you care about the good atmosphere. You are a person who gives energy rather than draws it from others. You do not avoid crowds or socializing. You have high skills in building business contacts, building customer networks and high ability to exert social impact.



ASSERTIVENESS

Your result on the scale of the **Assertiveness** subdimension means that you are one of those people who are able to express their own opinions in a determined way, with direct expression of emotions and attitudes within the boundaries which do not infringe upon your own and other people's rights and mental territory, and without aggressive behaviour. Your assertive attitude is conducive to creating the image of a strong, confident person who knows what she or he expects in a given situation. In interpersonal relations you are a dominant person who often speaks out. You can easily take on the role of a group leader and you are predisposed to climb in your professional career. You can be a very effective person in action, in communication you "do not beat around the bush" and in the group you are a good guide.



THRILL SEEKING

Your result on the scale of the **Thrill Seeking** subdimension means that you are one of those people who, in their private and professional lives and in interpersonal relations, are looking for numerous thrills. You like strong colors and diversity. You are a person who prefers intensive life, social meetings, parties. Being in company, in a different environment, you gain more energy and this motivates you to act. You are constantly looking for external stimulation and action to function at high speed. You are a very determined person who does not retreat in difficult situations. You are driven by challenges. You are not afraid to take risks. You can make risky decisions that affect your private and professional life.



MY RELATIONSHIPS - A

DEVELOPMENTAL RECOMMENDATIONS



KINDNESS

- Be kind, build authentic relationships but remember about your own interests



WILLINGNESS TO SOCIALISE

- Listen, listen, listen!!! Speaking isn't always effective communication. Use your social skills at work to engage and develop other people, those who are less open and less confident.



INTERPERSONAL CONTACTS

- Use your interpersonal skills but pay attention to other people. Not everybody likes to build interpersonal contacts. There are people who need their own space. Your way of interaction, which bursts with energy and enthusiasm may bother others.



ASSERTIVENESS

- Watch out for the line between assertiveness and arrogance. Excessive assertiveness may be seen by others as aggressive behaviour or aggressive communication. Behave in a way that is simultaneously respectful to yourself and to others.



THRILL SEEKING

- Slow down sometimes. An overly intense lifestyle may cause you to overlook what you are missing. Your body, besides adrenaline and emotions, also needs to rest and reset. Sometimes it is good to stop and calmly take a look at life from the side.

DIMENSION

MY CO-OPERATION - A



SUBDIMENSIONS:



SUSPICION



SINCERITY



EGOISM



RIVALRY



HUMILITY

**MY CO-OPERATION - A****GENERAL DESCRIPTION****VERY HIGH RESULT**

**Below you will find overall result for the MY CO-OPERATION dimension
being the average of your subdimensions**

Your result on the scale of the **My Co-Operation** dimension is very high in comparison with other people. It means that you belong to a group of people with an amicable approach towards co-operation and build warm relations based on trust. Thanks to this it is easier for you to build new friendships, as well as maintaining current ones. Through your high level of amicability, you have more compassion towards other people. You are characterised by your high level of altruism. You frequently have compassion for others and eagerly come to their aid, often forgetting about your own needs. Your sincerity, lack of suspicion and high degree of humility cause people to like you very much and gladly spend time with you. You have a tendency to accept or reject certain thoughts, depending on the opinion of other people. This may cause you to be less willing to attempt to safeguard your own interests. You are able to own up to your own weaknesses without belittling yourself or exaggerating. This attitude characterises people who are free of arrogance, vanity, self-righteousness and false humility. You belong to a group of people who are humble towards their own achievements and accomplishments. You believe that humility is a very important quality in life, while self-importance and arrogance lead to bad co-operation with others. In contact with others you are characterised by a high degree of self-restraint which sometimes doesn't allow for spontaneity or behaviour that is not suitable for a modest person. You definitely do not like competing with others. You prefer warm relations, built on mutually establishing co-operation. You rarely portray anger or aggression. You avoid conflict, leaving matters to others. Your co-operation based on extreme submission may lead to conformism and complete dependence on others.

**Now take a close look at the detailed results to find out which of the subdimensions
have the greatest impact on your overall result.**

DETAILED DESCRIPTION**SUSPICION**

Your result on the scale of the **Suspicion** subdimension means that you belong to a group of people who are convinced that others are honest and have good intentions. In co-operation you build relationships based on very high trust. You believe in selfless help. You belong to a group of people who are sensitive and who express positive thinking. Sceptical and cynical behaviour is alien to you. In co-operation you see positive aspects and build relationships based on them. When working in a team, you believe in people and their sincere intentions - this allows you to create positive solutions. In difficult situations you see the positives and build solutions based on them. In co-operation, you are a consensual person who does not seek

conflicts and is oriented towards positive cooperation.



SINCERITY

Your result on the scale of the **Sincerity** subdimension means that you belong to a group of people who are very truthful and sincere in their actions. You don't use tools of manipulation, based on using flattery and cunning to achieve a result. Your relationships are based on sincere communication. You do not accept lying. Even if you are about to lose something, you are always honest and sincere in your actions. You are not a clever person who is able to alter the truth. You are a very open-minded person who always says what you think and not that which is the most appropriate. You do not think that knowing and applying social engineering are important social skills.



EGOISM

Your result on the scale of the **Egoism** subdimension means that you belong to a group of people who are very actively interested in the affairs of others. You are a person who is committed to doing good to others, which manifests itself in being generous, taking others into account and being ready to help people in need. You are a thoughtful and caring person in your actions. Working with others is very important to you. You care for relationships by working together for the benefit of all. Your attitude is to voluntarily bear the costs for the benefit of others. You are not a selfish person. In teamwork you pay attention to the team and working together. You care about the good of others. You like to involve yourself in charity and social work.



RIVALRY

Your result on the scale of the **Rivalry** subdimension means that you belong to a group of people who do not like to compete in co-operation, but instead prefer a warm relationship based on building co-operation. In situations of interpersonal conflict you belong to a group of people who are reserved. You rarely show anger or negative emotions. You often know how to inhibit aggression. In co-operation you can forgive and forget bad situations. In interpersonal contacts you are a calm and gentle person. You get nervous when someone is pressuring you. You often prefer co-operation to rivalry. This causes you to give up on your own needs. Sometimes you may not achieve your goals.



HUMILITY

Your result on the scale of the **Humility** subdimension means that you belong to a group of people who are modest and do not need publicity. This does not mean that you lack confidence. In co-operation you don't need to dominate. You can give the field to your interlocutor. You don't care about publicity. You always do everything at your own pace, without checking to see if anyone notices it. In interpersonal communication you are a modest person with great humility. Your way of speaking is unpretentious. You're more of a tactful person. You don't need to be in the spotlight. You avoid bragging about your achievements. You think that humility is a very important feature in life, and wisdom and arrogance lead to bad co-operation with others. You are certainly not prone to narcissistic behavior. You are annoyed by people who exalt themselves.



MY CO-OPERATION - A

DEVELOPMENTAL RECOMMENDATIONS



SUSPICION

- Not all people are like you. There are people who use others in co-operation in order to reap benefits. Be careful. Strengthen your defensive mechanisms. Don't be too permissive. Apart from positive solutions consider the negative ones as well. This will save you from disappointment. Trust people but look after your own interests.



SINCERITY

- Not all people are as sincere and straightforward as yourself. A lot of people use manipulative techniques, due to which you may feel cheated or exploited. The knowledge of these techniques will let you develop defense mechanisms which will protect you from difficult situations. Use more of your wits but remain a sincere and honest person. Remember, sometimes it's better to leave something unsaid.



EGOISM

- Help, sincerity and caring for others is very important but don't forget about yourself. Sometimes you have to fight for yourself. You can have an egoistic person on the other side who will strive to take advantage of you. Collaborate and co-operate in such a way so that you also take care of your own interests.



RIVALRY

- Take care of your own business. Sometimes you have to stand up for yourself. You don't always have to be polite or restrained. There are situations where you have to defend your own opinion. This will allow you to achieve much more.



HUMILITY

- Sometimes showing your strengths is very good. It will allow you to sell yourself better. You don't always have to be so modest and humble. To achieve more, show what you can do so others can see your strengths.

DIMENSION

MY ACTIONS - A



SUBDIMENSIONS:



ORGANISATION



ORDER



CONSCIENTIOUSNESS



CAUTION



ENDURANCE



INNER-DIRECTEDNESS

**MY ACTIONS - A****GENERAL DESCRIPTION****LOW RESULT**

**Below you will find overall result for the *MY ACTIONS* dimension
being the average of your subdimensions**

Your result on the scale of the ***My Actions*** dimension is low in comparison with other people. It means that in your life you are rather dependent on others. You base your decisions on the advice of those surrounding you, putting your fate in their hands. You are subordinated to authority figures and people who lead you. You do not set priorities independently and usually you do not plan your actions. You accept proposals without thinking if they are worth it, without the analysis of risks, threats and consequences. In case of failure you prefer to shift the responsibility to the people around you. You feel more comfortable when somebody else makes a decision and provides you with the instructions. When you follow orders your actions are often characterised by chaos and lack of logic. You jump from one subject to another, you forget about certain things. If something requires an increased and longer-lasting focus, you prefer to engage in something lighter, easier and not requiring diligence and accuracy. You usually act at the last possible moment so, unfortunately, your work must always be subject to scrutiny. You are far from giving attention to detail and closing cases properly. You can provide colours to the story in order to cover up your mistakes. There is usually a mess around you, your things do not have their proper place. Both in your workplace and in your very actions there is disorder and chaos with which you disorganise other people's work. Usually you can't be relied on as you prefer relaxation and fun over systematic work and in your activities you don't concentrate on the result which would be satisfactory to you and others. Your low result is, unfortunately, accompanied by rigid views and the difficulty to convince you to change your thinking and actions.

**Now take a close look at the detailed results to find out which of the subdimensions
have the greatest impact on your overall result.**

DETAILED DESCRIPTION**ORGANISATION**

Your result on the scale of the ***Organisation*** subdimension means that both in your private and professional life, whenever you feel the need, you are able to set priorities, but when there is no need for it, you act quite chaotically. You plan your work when the situation demands it, and when you know you will have control over the entire process without a schedule. You have areas in your life where your organisation is high and areas where it is at a lower level. As a moderately organised person, you appreciate the value of a calendar or notepad, but you don't always use these conveniences. Sometimes you are a proponent of acting under the influence of the moment, but you are also able to set goals in your life, plan the milestones to reach

them, as well as identify the resources needed and set a timetable for action.



ORDER

Your result on the scale of the **Order** subdimension means that in your daily life, both privately and professionally, order and tidiness around you are not crucial and you can carry out your daily tasks calmly when there is a mess or "artistic chaos" around. You don't care about tidiness, and cleaning is alien to you. Quite often you look for different things, including important documents. In your wardrobes and drawers things are rather scattered and not necessarily where they should be. Lack of order affects your work organisation, as searching for documents and important information stored in an unspecified place results in a waste of time or multiple attempts to recall important information.



CONSCIENTIOUSNESS

Your result on the scale of the **Conscientiousness** subdimension means that you are most likely one of those people who don't put too much effort into their work, unless it is their passion. Both in your private and professional life, you could sometimes be required to be more committed and reliable. It is likely that sometimes you don't finish your tasks, although if you care about it, you can focus on the action and do it scrupulously. There are times when you can work hard to achieve your important goal, and there are times when you choose to rest or relax instead of working systematically.



CAUTION

Your result on the scale of the **Caution** subdimension means that you are one of those people who approach decision making in different ways. Sometimes you make a decision quite spontaneously, under the influence of a moment, impulse and strong emotions. Sometimes you need to think for a while, analyse the possible pros and cons and finally make a cold decision with a cool mind. Both in your private and professional life you can agree to a proposal without thinking, engage in activities without analysing the consequences or make a decision without thinking whether it is worth it. At the same time, when making very important decisions, you examine opportunities and threats, analyse possible scenarios. You are no stranger to taking risks and sometimes you win and sometimes you lose.



ENDURANCE

Your result on the scale of the **Endurance** subdimension means that you most likely belong to a group of people who are not able to work many hours or days or sometimes even weeks on one task. You are a person who definitely prefers to choose to do several shorter or easier tasks than a single big task. You prefer variety, more frequent changes than monotony. You may find it difficult to concentrate on one task, which results in you getting distracted and then getting tired or bored with the subject and finally giving it up. Performing one activity for a long time is rather tiresome for you, and completing the task is not so important for you, as to fight with yourself in order to reach its end.



INNER-DIRECTEDNESS

Your result on the scale of the ***Inner-directedness*** subdimension means that you make quite varied decisions. Sometimes you are convinced that you can rely on yourself, your thoughts and intuition. You then don't need advisors around to know what to do in your life. Another time, however, to make a decision you need to discuss the topic with someone who can help you. There are people in your life who you consider to be authorities. You know your own value and the assessment of others does not significantly affect your self-esteem. However, there are moments of hesitation in your life and then a lot of things change. This is when the opinion of others can strongly influence, strengthen or weaken you.



MY ACTIONS - A

DEVELOPMENTAL RECOMMENDATIONS



ORGANISATION

- Organisation in everyday life helps to save time and energy. By prioritising and acting according to a well-thought-out plan, you have less of a chance of being used by your surroundings in order to achieve other goals. Thanks to your organisation you are in control of the situation, and without acting in chaos you have greater control over your life and your future.



ORDER

- The way you look, what you surround yourself with, and the order you generate around you, has a strong influence on the first impression you make on new people, as well as on the image you build every day. Remember the so called "devil's effect" in psychology, which manifests itself in the tendency to automatically attribute negative personality traits based only on the first impression. This means that it is highly probable that a stranger who sees you for the first time in your unclean car or with your documents in disarray and general disorder around you will automatically add some negative traits. They will describe you as untrustworthy, unreliable or negligent, which does not have to be true, but for that person it will be obvious.



CONSCIENTIOUSNESS

- People with a high degree of diligence are valued in the labour market, because when taking up a certain job they do not just focus on completing what is required and returning to their private lives, but work with full commitment so that their tasks are performed in the best way possible. Therefore, make sure that you approach your work, especially your professional life, with great reliability and that you carry out your tasks accurately and fully.



CAUTION

- You know that your deeper analyses protect you from possible losses. Remember about this when emotions reach their peak, when you impulsively want to get involved in something only because of the magic of the moment or being under someone's spell. You can cool down your emotions, so use this skill in such moments. You can be a stone cold judge in your own life. Remember that each situation is different when you distance yourself from it and without emotional involvement you will logically compare how much you can gain or lose. Don't be afraid that you'll delve too deep into the analysis of possible options - that's not likely to happen. You have as much aptitude for deep reflection in decision-making moments as you do for spontaneous movements.



ENDURANCE

- High endurance allows to achieve success in many cases . It is mainly the people with

such an approach who celebrate achieving their goals. Short-lived energy for tasks makes you waste a lot of energy and time on activities, the outcome of which you will never see due to the interruption of a task. However, the completion of the tasks is still something to be developed. It is a matter of work and self-training. Eventually, you can practice the habit of completing the activities regardless of the level of nuisance.



INNER-DIRECTEDNESS

- It is up to you how you react to what other people say. Remember that through taking life in your own hands, deciding about its important aspects, you have more influence over your own future. By making your own decisions you strengthen the sense of your own effectiveness and, consequently, your self-confidence.

DIMENSION

MY WORK - A



SUBDIMENSIONS:



EFFECTIVENESS



LEADERSHIP



SELF-CONTROL



GOAL PURSUIT



FAME

**MY WORK - A****GENERAL DESCRIPTION****HIGH RESULT**

**Below you will find overall result for the MY WORK dimension
being the average of your subdimensions**

Your result on the scale of the **My Work** dimension is high in comparison with other people. It means that you belong to a group of people, who are very self-aware of their expertise and work skills. You know your strengths and weaknesses. You are a proactive person when undertaking action. You are able to set very ambitious goals, which you achieve step by step. In difficult scenarios you intentionally control your emotions. It is difficult to discompose you. You have strong leadership and management skills. In a group you are easily able to take control and assume the position of a leader. Organising and managing projects is your strength. You are an independent and confident person. You can establish authority among others. People pay attention to what you say and how you behave. Within a group you are able to speak with confidence. Public speaking is not an issue for you. You are highly aware of your approval among the people that surround you. You enjoy being in the centre of attention. People's lack of interest in you may influence your frame of mind and behaviour – it may cause a drop in your energy level. At work you dislike stagnation. You are always looking for strong sensations. It propels you towards action. You have a task-oriented and non-emotional approach to an issue, you do not avoid it. You are a very determined person, always aiming towards achieving your set goals. You mainly focus on your professional career which is why sometimes you may lose sight of the boundary between private and professional life. You are prone to workaholism.

**Now take a close look at the detailed results to find out which of the subdimensions
have the greatest impact on your overall result.**

DETAILED DESCRIPTION**EFFECTIVENESS**

Your result on the scale of the **Effectiveness** subdimension means that you belong to a group of people who are very conscious of their competences and skills at work. Your very high awareness of your abilities and level of intelligence allows you to achieve high results at work. You are among the very talented people who can easily acquire knowledge. You are perfectly able to cope with difficult and demanding situations, which do not cause panic or fear. Through your actions you belong to those who are very effective. You have great faith in yourself and in your skills. You are a person who is greatly predisposed to be a leader at work. At work they see you as a very good and effective employee.



LEADERSHIP

Your result on the scale of the **Leadership** subdimension means that you belong to a group of people who possess high leadership skills. You are a person who builds up authority and respect among others, allowing you to lead the group. You have a high ability to direct people at work. Your behaviour and attitude inspire respect, which allows you to build up the role of a leader and high regard among colleagues. You are the one who directs and manages the tasks. You are very good at dealing with difficult and conflict-ridden situations, you can effectively resolve disputes. You are an independent and confident person. Organisation and management of projects are your strengths. You are a very assertive person.



SELF-CONTROL

Your result on the scale of the **Self-control** subdimension means that you belong to a group of people who control themselves and their emotions depending on the situation and the task required. The more difficult the situation, or the more responsibilities you have, the greater the problem you may have with controlling your emotions and the tasks carried out. In difficult situations you may panic, and this causes even more stress. Sometimes you may have a problem with self-discipline, especially when a lot of duties are entrusted upon you. Too many set goals can cause chaos in your actions. Your result does not mean that you cannot be persistent and disciplined in action. There are situations in which you can control your emotions. You are able to focus and control yourself when carrying out tasks that are very important to you.



GOAL PURSUIT

Your result on the scale of the **Goal Pursuit** subdimension means that you belong to a group of people who have a high level of aspiration. At work you are a proactive person. You are able to set ambitious goals, which you later consistently pursue. You are ambitious, conscientious and persistent in pursuing your goals. You are not afraid of work and difficult challenges. Tough situations are unlikely to stop you from taking action. The mere vision of your goal motivates you to take action. You often focus on the task and the pursuit of the goal, so you may miss out on the human aspect. This means that you sometimes overlook the emotions and feelings of others. You are a person who focuses strongly on their career. You have a tendency towards workaholism.



FAME

Your score on the **Fame** subdimension scale means that you consider yourself a person who is liked by your colleagues. You feel accepted by those around you. Your confidence depends on the situation and your self-esteem. Other people tend to like being in your company, but this does not affect your sense of appreciation. At work you sometimes like to be the centre of attention and sometimes not. This depends on the situation and the company. Lack of interest in you does not seem to affect your behaviour and sense of humour. You are predisposed to assume the role of a leader.



MY WORK - A

DEVELOPMENTAL RECOMMENDATIONS



EFFECTIVENESS

- Humility is always necessary. An excessively positive self-assessment of your skills and competences may stop you in your career development or lead to wallowing in your own perfection. Your level of effectiveness may overwhelm weaker people, that is why as a leader or co-worker you should support them in their actions, in order to give them more motivation to work.



LEADERSHIP

- With the role of a leader at work comes great responsibility. Through building up your authority you have a big influence over people. As a leader pay attention not only to the tasks, but also to the human factor. Your high self-confidence may overwhelm people with a low sense of self-worth. Remember, use your leadership competences to motivate and appreciate co-workers, this will allow you to make use of even greater potential within the team.



SELF-CONTROL

- In difficult situations, keep calm. Believe in your skills and competences and this will allow you to be a more persistent person. When achieving your goals, concentrate on the tasks and fulfill them to the end. Do not panic in difficult situations. Search for methods of coping with emotions that are best for you. Applying them will allow you to concentrate more on tasks and achieve greater results at work.



GOAL PURSUIT

- Work is very important but take care of maintaining a balance between private and professional life. In a team pay attention to people and not just the tasks. It's the people who help you in accomplishing tasks and reaching select goals. Be careful so that your career doesn't dominate in your life, as this may lead to workaholism.



FAME

- Being popular is not the most important thing in life. It is important to be aware of your competences and skills. In some situations, believe in yourself even more, and you will see greater approval from those around you. The way you think about yourself is how people see you. In difficult situations, do not be afraid of being rejected. You are predisposed to be a team leader. The more confident you are, the more your self-esteem will increase.

DIMENSION

MY SELF-ESTEEM - A



SUBDIMENSIONS:



AUTHENTICITY



GENERAL SELF-PERCEPTION



IDENTITY



SENSE OF INTIMACY



ATTRACTIVENESS

**MY SELF-ESTEEM - A****GENERAL DESCRIPTION****HIGH RESULT**

**Below you will find overall result for the MY SELF-ESTEEM dimension
being the average of your subdimensions**

Your result on the scale of the **My Self-Esteem** dimension is high in comparison with other people. It means that you are a self-aware person. You know who you are and what you expect from life because you have clearly defined values and priorities. You set clear-cut principles which you follow in life. This gives you strength in making decisions and setting goals. You are an internally coherent person and through your actions it is visible that you head in the direction that you set out for yourself. When you look at yourself, you see a person full of value, skilled and competent. You think positively of your future. You are aware that thanks to your skills you will always be able to handle life. You are a self-confident person, you recognize your strengths, you know what allows you to stand out among others. You notice your physical attractiveness and use it to achieve your personal goals. You take care of your appearance and your image evokes admiration among others. Your attractiveness draws people to you which further influences your high level of self-assessment. You feel fully accepted and loved by close friends and family. You know you are supported by them and you are aware that you always have someone to count on. You are able to reciprocate love too. In your relations you offer a lot of acceptance, friendship and closeness. You are a very empathetic person. Living close to others gives you strength, which is why you care about your closest friends and family.

**Now take a close look at the detailed results to find out which of the subdimensions
have the greatest impact on your overall result.**

DETAILED DESCRIPTION**AUTHENTICITY**

Your result on the scale of the **Authenticity** subdimension means that in your own opinion you are a very decent person. You have an extremely rigid "moral backbone" and do not happen to break the rules and principles of good conduct. You always try to behave as you should, so that you don't have a feeling of inner dissatisfaction with yourself afterwards. In a bigger group, you pay more attention to behave correctly than to have fun. You are constantly controlling your reactions and behaviour so that you don't make any mistakes - especially among other people. You are very satisfied with how morally you live and act.

**GENERAL SELF-PERCEPTION**

Your result on the scale of the **General Self-Perception** subdimension means that in your opinion you are a valuable person, you realize that you have a lot of abilities and competences that will help you to cope in life. You are generally a self-satisfied person. You are also self-confident, knowing your own value among others and thinking positively about your future. It is not your habit to focus on your weaknesses. You rather see your strengths, skills, talents, qualifications and abilities.



IDENTITY

Your result on the scale of the **Identity** subdimension means that you are rather an internally coherent person with high self-awareness. You know who you are and what you expect from life. You usually know what you have to do because you are setting goals for the near and far future. In your actions you are usually a determined person. You make decisions on your own, because you are quite clear about what is useful for you in life and what is not. You base your decisions on clearly defined internal guidelines, which are represented by your values. You feel that you usually live in harmony with yourself.



SENSE OF INTIMACY

Your result on the scale of the **Sense of Intimacy** subdimension means that you feel accepted and loved by your family and friends. You often experience the support that people around you offer you and you are able to use it. In your private life, you fully show your feelings. You give a lot of love and acceptance to the world around you. In professional life you can give warmth and friendship. You know you have someone to count on when you need it. You feel that others accept you the way you are. You are usually an empathetic person, you can feel and give warmth to others. You can enter into close relationships in which you become actively involved giving goodness to others. You like to show people around you warmth, friendship and that you care about them.



ATTRACTIVENESS

Your result on the scale of the **Attractiveness** subdimension means that you don't consider yourself truly attractive and usually you are not satisfied with your appearance. It is quite likely that you do not always accept yourself in this respect. Sometimes you just prefer not to look in the mirror. However, when you take care of your look, devote some time, energy and attention to your physical appearance, your sense of attractiveness will immediately increase. Then it has a positive effect on your self-confidence and self-esteem. You have moments in your life when you take more care of yourself and there are times when you care less. You know that your attractiveness influences your life. You know that you can influence others with your image, and it is likely that you will benefit from it sometimes.



MY SELF-ESTEEM - A

DEVELOPMENTAL RECOMMENDATIONS



AUTHENTICITY

- An assessment of your behaviour very strongly influences the entirety of your thoughts about yourself. It's important to follow the rules of moral behaviour. However, do not be too strict with yourself. One who is not mistaken is one who does nothing. Sometimes you can breach the rules which you firmly establish, this does not mean, however, that you automatically become a bad person. It's important not to make the same mistakes.



GENERAL SELF-PERCEPTION

- Self-confidence in private and professional life really helps to achieve goals. Positively perceiving your achievements additionally strengthens the feeling of your own effectiveness, which, at a later stage, helps to reach higher and further as well as set and achieve even more ambitious goals. Be careful so that your self-confidence does not turn into arrogance, which is negatively perceived by the surroundings. Arrogant people ultimately lose a lot in terms of interpersonal relations and on many other levels because of this.



IDENTITY

- Self-awareness and life in accordance with set values and a course of action determined by them strengthens positive self-esteem, so that with every new experience you become an even stronger person.



SENSE OF INTIMACY

- Close relations with people, love and external support propel you towards action. However, not everybody feels the same. Sometimes people break off connections due to different reasons, sometimes only known to them. They're not necessarily linked directly to you. Try to talk these situations through and don't take them personally by treating them as a rejection of your person.



ATTRACTIVENESS

- Appearance influences how people perceive you. People who are considered attractive are chosen for different initiatives more often, they have a chance to participate in different projects more often, as it is known that attractive people bring others together around them. You are able to take care of your own attractiveness, it's important that it becomes a habit. It's a matter of defining a goal and determination. Sometimes it's worth consulting a style specialist, who will draw attention to how to make your attractiveness visible. Remember that every person is attractive, but this should be taken care of.

DIMENSION

MY EMOTIONS - A



SUBDIMENSIONS:



ANXIETY



HELPLESSNESS



DEPRESSIVENESS



HOSTILE BEHAVIOUR



SENSE OF INFERIORITY

**MY EMOTIONS - A****GENERAL DESCRIPTION****VERY LOW RESULT**

**Below you will find overall result for the MY EMOTIONS dimension
being the average of your subdimensions**

Your result on the scale of the **My Emotions** dimension is very low in comparison with other people. This means that in daily life you approach your life in a positive manner. You mainly focus on the good things, evoking a positive state within yourself. In difficult situations, the emotions which can disrupt your inner calm are kept under perfect control by you. This means that even in critical moments it is you who can assess the situation with a cool mind, make a decision and plan particular steps. You have a strong inner motivation to take action, which in turn causes you to rise up in difficult moments, without waiting for external support. You have a strong sense of efficacy and effectiveness, so you know that regardless of the situation, your action will lead you out of oppression. Regardless of the situation, hopelessness is foreign to you. Your mood does not drop to gloom, sadness or nostalgia. You don't give up, you don't let it go but instead you fight for what's yours. Emotions such as resentment or guilt do not exist in your life. If something isn't going your way, instead of withdrawing and returning to blissful memories of the past, you ponder how to escape the situation with calmness and even hope for success. You always perceive the good sides of the situation and enjoy even the little things. Your behaviour is far from hostility and anger in relation to others. You do not hold grudges or remember wrongdoings. You focus on what was good in the relation and keep that in memory. It is difficult to discompose you or infuriate you. Around you there is always peace and a good atmosphere which furthers building good relations with others.

**Now take a close look at the detailed results to find out which of the subdimensions
have the greatest impact on your overall result.**

DETAILED DESCRIPTION**ANXIETY**

Your result on the scale of the **Anxiety** subdimension means that most probably you are able to approach the situations you encounter in your life with calm and distance. If you want, you can control your emotions. However, there are times when you behave in a completely different way, because the feeling of fear and anxiety make you anxious and take away rational thinking. Usually you are calm about your existence and the future, but there are situations when you give in to negative assumptions and you are overly concerned about them. At such moments your anxiety is also noticed by the people around you and it has a negative impact on them. You are a balanced person, able to stay calm, control your emotions and, in critical situations, release thinking aimed at solving difficult situations. Sometimes, on the contrary, you tend to avoid risky situations and challenges.



HELPLESSNESS

Your result on the scale of the **Helplessness** subdimension means that difficult situations don't cause negative emotions in you. You can cope perfectly well with difficult situations. Even in critical moments you can reliably assess the situation, make a decision, plan actions, as well as move on and step by step implement the plan. In difficult moments you are cold-blooded and tactical. In difficult situations you do not need external support. You are able to motivate yourself and move forward on your own, analyse the situation, make a schedule of actions and carry it out step by step. You treat difficult situations as challenges in your way and not as problems. This conviction gives you strength and bolsters your self-efficacy.



DEPRESSIVENESS

Your result on the scale of the **Depressiveness** subdimension means that you are rarely in a gloomy mood. You don't happen to get sad or nostalgic, and in difficult situations, where others are also involved, you never feel guilty. You are also not in the habit of giving up and forgiving. When you see such a need, you can fight for yourself. You do not need to isolate yourself from people, which does not mean that you like to live and work with others. You may as well want to work and be rather alone on a daily basis, but this is not related to inner sadness or feeling lonely. You can see the good things. You can see the goodness around you and enjoy ordinary moments.



HOSTILE BEHAVIOUR

Your result on the scale of the **Hostile Behaviour** subdimension means that your behavior is never or hardly ever affected by anger attacks and difficulty in controlling anger. You are a balanced person and you control your emotions in relation to others. You forgive someone's guilt, forget your resentments and don't nurture anger in yourself. You are an understanding person and try to accept or at least understand another person's perspective. You can be perceived as a self-controlled and predictable individual. It's hard to get you out of balance and enrage you. You often feel inner peace towards other people. Such behavior also builds a good atmosphere in your environment, which supports cooperation and development on different levels and areas of functioning.



SENSE OF INFERIORITY

Your result on the scale of the **Sense of Inferiority** subdimension means that you are able to fairly objectively judge yourself against others and your achievements against the achievements of others. You see your strengths which bolster you up. You also see your weaknesses, but they don't seem to hinder your expression in the company. You are able to speak up during a meeting and present your ideas, you are able to share your view of the situation with others without worrying about who will think what about you or whether the idea will be appreciated or disapproved of. You are not stressed that somebody will give you critical assessment.



MY EMOTIONS - A

DEVELOPMENTAL RECOMMENDATIONS



ANXIETY

- Your peace of mind can be a driving force for you. Especially in a difficult situation, when controlling your emotions is the first step to collecting data on how critical the situation is and then to find a solution. You are able to enter this state, so use it more often. Most people panic in tough situations. In difficult moments, you can be a great support and inspiration for others to find a solution and to act. Calmness and distancing yourself from emotions always gives you the opportunity to see a wider perspective.



HELPLESSNESS

- Even though you manage perfectly well in difficult situations, do not turn your back completely on external support. Although you do not need help in critical moments, remember, that a crisis always affects, to varying degrees, creative thinking needed to find the optimal solution. People who are not directly involved in the problem can sometimes suggest a good solution.



DEPRESSIVENESS

- A good mood and positive thinking are the basis for healthy functioning. Hence, cultivate your attitude towards people and tasks. Internal joy propels you towards action. Don't ever let it be taken away from you.



HOSTILE BEHAVIOUR

- Your behaviour in relation to your surroundings makes others respect you for your balance, composure and emotional stability. You don't cause hostile resistance within people, you don't close them off, you don't despise or negate them. The environment sees your openness to relationships, so you are able to build co-operation and effective communication with others.



SENSE OF INFERIORITY

- Expressing yourself and presenting your ideas freely gives you a chance to start co-operating with someone who will notice or appreciate your idea. Comparing yourself with other people only makes sense if it motivates you to develop further, but it is never the case when it becomes a point of self-denial.

INTRODUCTION

BEHAVIOURAL STYLES AND PERSONAL ATTITUDES

Behavioural styles and personal attitudes result from the analysis of mutual interactions of selected dimensions of the Profi Competence Test tool. They show the patterns of human behaviour and adopting different attitudes depending on the intensity of the features present in the person. They describe permanent tendencies to think, feel and behave in social situations. The Profi Competence Test gives a possibility to distinguish fifteen different styles:

Emotional style	Self-control of anger style	Success achieving style	Control of distractors style	Stability of self-assessment style
Co-operation style	Functioning at work style	Action style	Confidence in a relationship style	Co-operation at work style
Interaction in action style	Self-confidence in co-operation style	Action at work style	Evaluating your work style	Evaluating your actions style

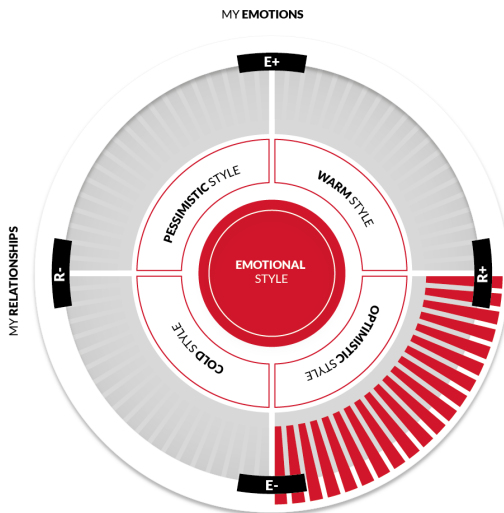
Some of your results not only allow to interpret individual dimensions but also to observe your style of functioning in different spheres by combining dimensions into pairs. In this way, it is possible to investigate spheres related to your emotionality, social interactions, anger control, how you achieve success or your attitude towards yourself and others, among others.

The styles and attitudes presented below reflect your regular ways of responding to different social situations.

In order to distinguish a permanent style, it is necessary to achieve predominantly high or low results in those dimensions which affect the determination of a given style. If the dimension necessary to determine it has reached a moderate level, it is not possible to establish a permanent style of functioning in the examined area.

EMOTIONAL STYLE

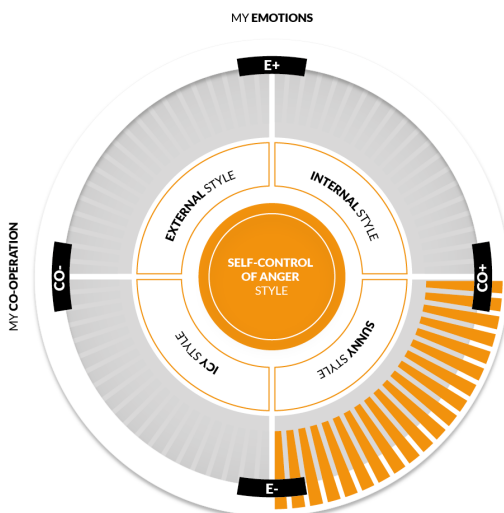
OPTIMISTIC TYPE



People with the ***optimistic style*** are positive and confident about the future. They are able to see the good around them and appreciate life as it is. They enjoy contact with people and solve difficult situations they encounter in life without too much concern.

SELF-CONTROL OF ANGER STYLE

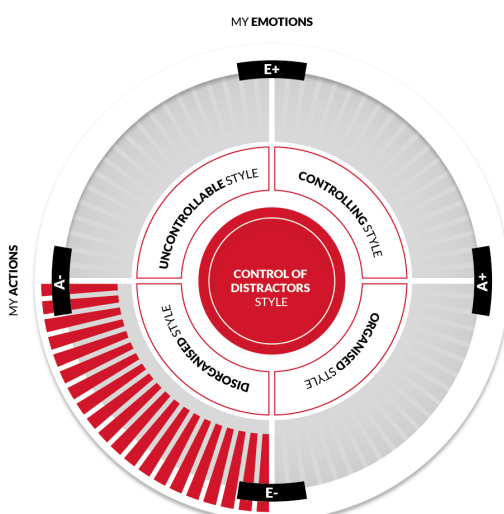
SUNNY TYPE



People with the ***sunny style*** are steady and calm. They control anger, wrath and hostile attitudes towards others and prevent them from growing. They build a friendly atmosphere based on honesty and trust.

CONTROL OF DISTRACTORS STYLE

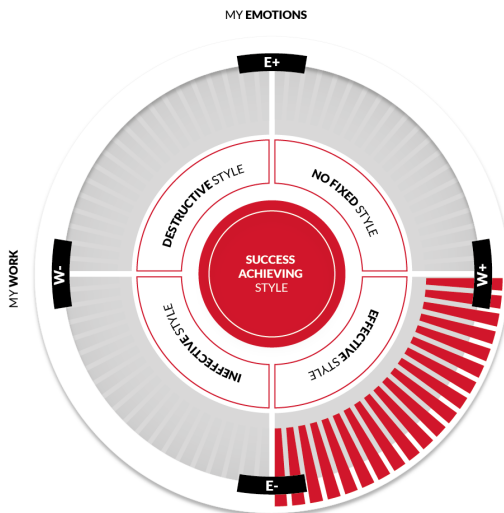
DISORGANISED TYPE



People with the ***disorganised style*** do not feel the need to act in a systematic way. In difficult situations they remain calm. They control their inner fears and needs, taking on a philosophical attitude rather than action-oriented.

SUCCESS ACHIEVING STYLE

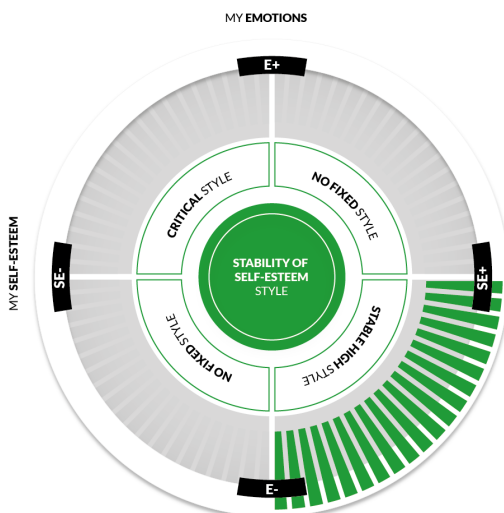
EFFECTIVE TYPE



People with the **effective style** are calm, strong and proactive. They are focused on achieving success. They build authority with their composure and effectiveness in action.

STABILITY OF ASSESSMENT STYLE

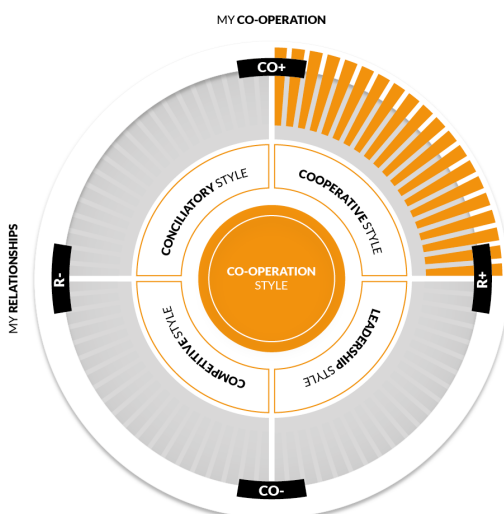
STABLE HIGH TYPE



Those who show **stable high style** are calm about the future, strong and confident. They can be an example for others as to controlling their emotions, regulating the symptoms of stress in their own body, as well as developing beliefs about themselves which are strongly supportive in life.

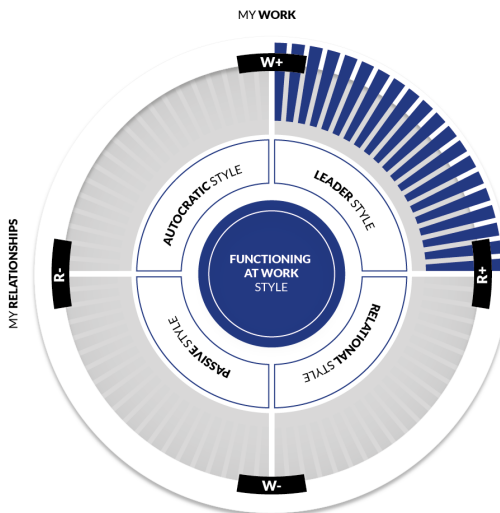
CO-OPERATION STYLE

COOPERATIVE TYPE



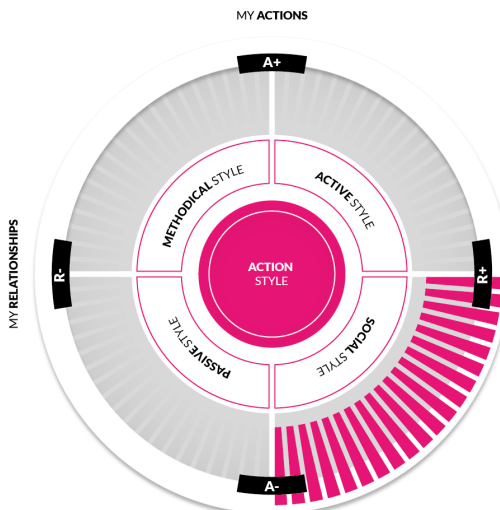
People with the **cooperative style** are friendly, energetic and sociable. They create a good atmosphere around them, are willing to listen and share their knowledge. They make new contacts easily. In conflict situations they look for compromise.

FUNCTIONING AT WORK STYLE LEADERSHIP TYPE



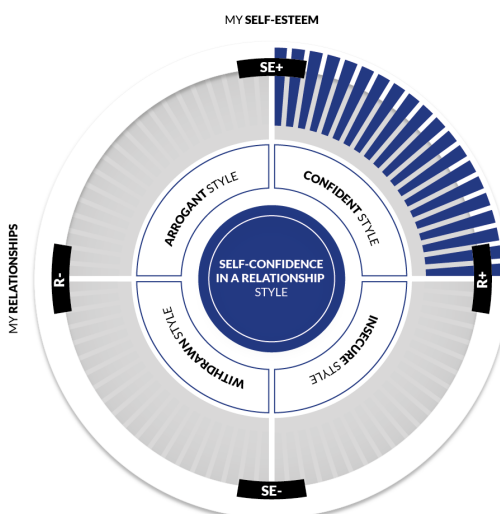
People with the **leadership style** are cheerful, active, sociable and warm-hearted, also strongly focused on achieving success at work. They are liked and often take on the role of natural leaders.

ACTION STYLE SOCIAL TYPE



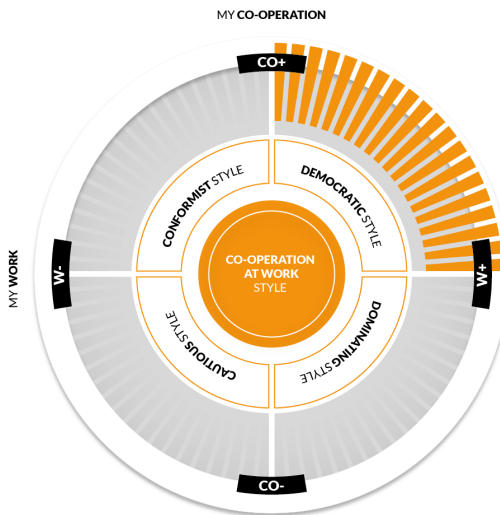
People with the **social style** are optimistic, active and spontaneous, but are unable to redirect their energy towards constructive action. They prefer to have fun rather than to pursue their goals effectively.

SELF - CONFIDENCE IN A RELATIONSHIP STYLE CONFIDENT TYPE



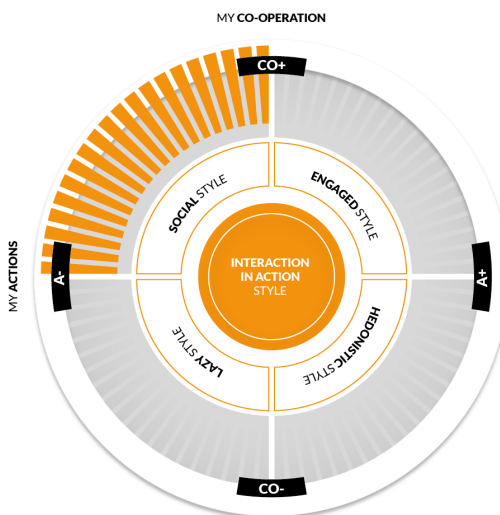
People with the **confident style** are cheerful, active and sociable with high self-esteem. Thanks to this, they build healthy relationships, enjoy life and know what they are aiming for. They arouse admiration in company.

CO-OPERATION AT WORK STYLE DEMOCRATIC TYPE



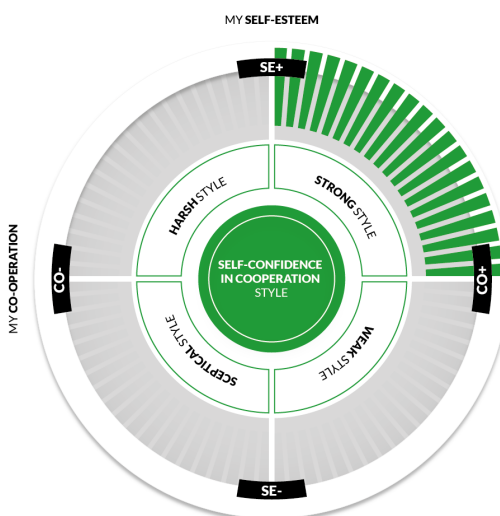
People with the **democratic style** have a high need for working together towards achieving goals. Their cooperative, amicable and goal-oriented attitude makes them successful in many areas of life.

INTERACTION IN ACTION STYLE SOCIAL TYPE



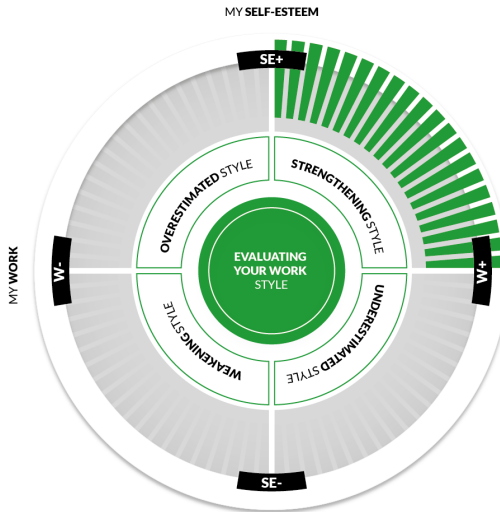
People with the social style are sincere, conciliatory and devoted to others. They are generous, but their lack of organisation and effectiveness in action means that they can only inspire with goodness.

SELF-CONFIDENCE IN COOPERATION STYLE STRONG TYPE



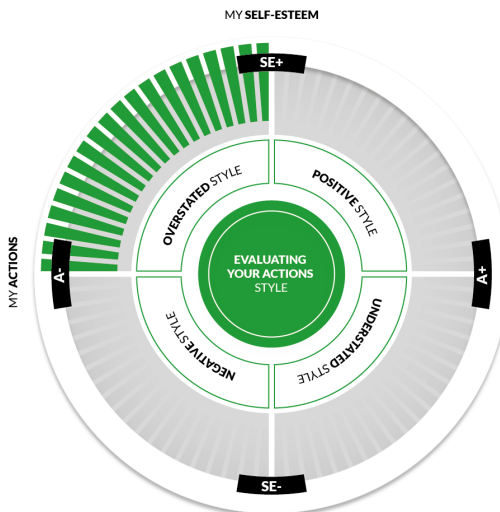
People with the **strong style** are cooperative. They have high self-esteem and effectiveness. They build up an aura of strong but friendly and co-operative people.

EVALUATING YOUR WORK STYLE STRENGTHENING TYPE



People with the ***strengthening style*** have a positive and adequate assessment of their performance at work. They define themselves as confident, effective and efficient.

EVALUATING YOUR ACTIONS STYLE OVERSTATED TYPE



People with the ***overstated style*** have a strongly overestimated picture of their actions. Confident, satisfied with their behaviour, attitude, image. In reality, however, their actions are full of chaos and mistakes.

IF YOU WANT TO:

DISCUSS YOUR REPORT INDIVIDUALLY

OBTAIN A DIAGNOSIS FROM A SPECIALIST

GET ADDITIONAL GUIDELINES AND RECOMMENDATIONS

DETERMINE PRIORITIES AND INDIVIDUAL DEVELOPMENTAL GOALS

GET TO KNOW WIDER PSYCHOLOGICAL ASPECTS OF YOUR RESULTS



CONTACT

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tel. 502 307 505***